



Respect, Responsibility, Personal Best

VALLEY VIEW PUBLIC SCHOOL ART SHOW 2019

COMING EVENTS

TERM 3

WEEK 10

Tuesday 24 September
Surf Fun Talk

TERM 4

WEEK 1

All Week
Swim School

Monday 14 October
Students Return

Wednesday 16 October
Sydney North Athletics

WEEK 2

All Week
Swim School

Tuesday 22 October
Choral Festival Rehearsal & Performance

Wednesday 23 October
View Start

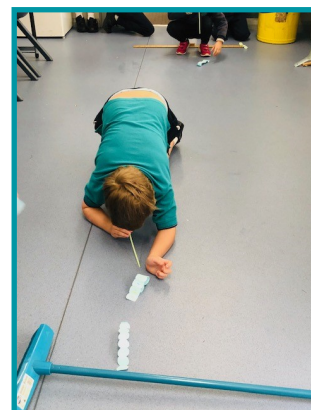
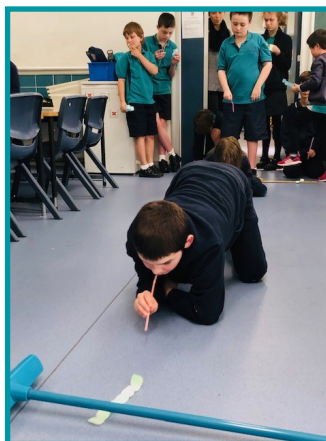
Friday 25 October
Whole School Assembly

WEEK 3

Tuesday 29 October
Year 6 Fun Day

Wednesday 30 November
View Start

Friday 1 November
Infants Assembly



PRINCIPAL'S MESSAGE

Dear Parents,

"The more that you read, the more things you will know. The more you learn, the more places you'll go"
Dr Seuss

Kindergarten Enrolments for 2020

We are in the process of finalising arrangements for ViewStart. If you are yet to lodge your enrolment application for a child starting kindergarten in 2020 (or you know someone in our enrolment boundary who has a child eligible for kindergarten next year) could you please submit all paperwork as soon as possible.

NAPLAN results

Year 3 and Year 5 students have now received their NAPLAN results for 2019. We are currently conducting a deeper analysis of the NAPLAN results, however, at an initial look these results confirm the great work that our staff and students are completing every day. As always we use these results to form part of the overall "picture" of your child's strengths or areas for improvement. If you would like to discuss your child's individual results please feel free to contact your child's classroom teacher for an appointment time.

PBL rewards Day

Thank you, to Mrs Anderson and the PBL team for your organisation of the PBL Rewards Day. Congratulations, to the children who have worked hard throughout the term to collect their OK tickets.

Change of Contact Details

To ensure that the school is able to contact families, would you please let us know if there are any changes to your home address or phone contact details. Thank you for staying in touch with us.

Athletics Zone Carnival

We wish our students the very best as they compete in the Zone Athletics Carnival at Mingara this Wednesday. Thank you to Mrs Wilson for the organisation of the carnival. Thank you to Mrs Wilson-Alvarez for being our school's team manager on the day.

End of Term 3

As term 3 draws to a close I would like to acknowledge the amazing staff, students and parents at our school. Thank you all for your effort, positive attitude, enthusiasm and commitment. I wish you all a very happy and safe holiday and hope you come back for Term 4 refreshed, relaxed and ready for the final sprint to the line for this year! Enjoy a well-deserved and relaxing spring break.

School resumes on Monday 14th October for students. **Help keep our school safe and secure in the holidays – School Security – 1300 880 221**

GATS Camp

We wish Tirryn, Krystal, Nina and Imogen the very best as they represent our school at the Central Coast Gifted and Talented camp this week.

Prescribed Medication

If your child requires prescribed or over the counter medication at school, a letter from your doctor with the name of medication, dosage and time must be provided. Additional forms are required to be completed by the parent/guardian giving permission to administer it. Depending on the medication being administered, an Individual Health Care Plan may also be required. Medication must be handed in at the school office in its original packaging, as we are required to supervise and administer this under Department of Education policy. Please contact us should you have any queries or concerns.

Health and Safety - Amy Anderson

Yours in Education.
Mary Hunt
Principal



Helping your child avoid being cyberbullied

parentingideas.com.au/schools

by Martine Oglethorpe

Cyberbullying of children and teenagers is one of the greatest fears facing parents today. The thought of their child being subjected to heinous words, threats to their physical safety, as well as their social and emotional wellbeing, is something no parent wants their child to experience. Most of the bullying behaviours we now see are happening from behind a keyboard, playing out in social media feeds and gaming chat rooms. It is little wonder parents feel overwhelmed and out of their depth, especially when for most, online is an environment that is relatively unfamiliar. So what can we do to help our kids avoid these types of behaviours, as well as give them the skills to deal with cyberbullying behaviours should they be exposed?

Remind them of all of the things they have control over: While it may not feel like it, we have a lot of control over what happens online. We can determine who we talk to, what we ignore, what we share, how we comment, who we follow, who we block or hide from our feeds. All of that, helps us determine who is allowed to play a role in our online experiences and ultimately what behaviours we accept on our feeds.

Give your child time away from the screens: Everyone needs a break from screens. We want to encourage regular times when a child doesn't need to be tethered to their device. Building a wider community away from the screens helps a child or teen build their sense of self-worth. Keeping devices away from the dinner table also gives them a break from being socially switched on and allows them to connect with family without a device. Removing devices at night helps their active brains to switch off, and prepare for sleep.

Role play possible responses: Discuss with your child whether they should respond to bullying or nasty online comments, if they do, then consider how they could respond. Consider the statements or types of people they ignore, block or report.

Regularly check the privacy settings: Every app, game and social network has a settings button that enables you to determine how positive an experience your child can have on that platform and how much control they have. Visit these settings regularly to look at the options available

While nothing is guaranteed particularly when it comes to the online world, we can certainly be taking steps to help our kids. We can give them skills, encourage positive behaviours and thinking that allow them to minimise



Martine Oglethorpe

Martine Oglethorpe is an accredited speaker with the Office of the eSafety Commissioner and has presented to numerous parent groups, schools and teachers. She is a speaker, counsellor and educator with a passion for building resilient kids in a digital world. Contact details: info@martineoglethorpe.com.au, themodernparent.net, facebook.com/themodernparent



OCCI Central Coast, FREE HOLIDAY ACTIVITIES – SEPT/OCT 2019

Come and explore rock pools at Terrigal Haven, Nora Head and Toowoan Bay with OCCI's expert guides and learn about the fascinating creatures that live there. There is a maximum of 25 people per walk **so bookings are essential**.

Most suited to ages 5 years to adult. All children need to be accompanied by an adult. All participants are required to wear closed in shoes for protection.

DATES:

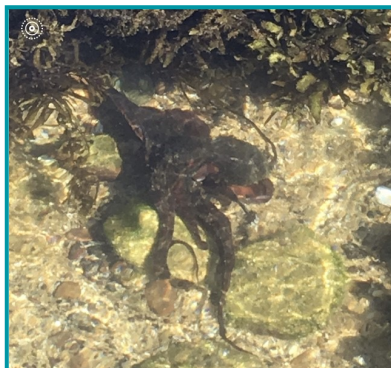
Sunday 29.9.19 **RPW Toowoan Bay**, 1.30pm

Monday 30.9.19 **RPW Terrigal Haven**, 2.15pm

Tuesday 1.10.19 **RPW Norah Head**, 3.15pm

Tuesday 2.10.19 **RPW Terrigal Haven**, 3.15pm

***OCCI 20th Birthday walk: Sunday 27.10.19, RPW Terrigal Haven 1.30pm* All invited.**



To book, please phone or text Linda on **0404 450 429**



2019																											
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IMPORTANT DATES 2019

Friday 13 December
Presentation Day

Tuesday 17 December
Year 6 Farewell—Gosford Golf Club

Stage One Excursion

Next term, Thursday 21 November, stage one students will have the opportunity to attend an excursion. They will be going to Kincumber Reserve as part of our Geography unit, 'Features of Places'. The cost will be approximately \$18. Notes will be sent out the beginning of next term.



Kind Regards
Helen Manson

OFFICE NEWS

Procedures for payments to school and notes:

Students must bring money to the office in the morning and place in the box on the front counter.

Parents please remember to:

Place money in an envelope or a plastic bag, money will not be accepted unless it is in an envelope or plastic bag.

Clearly print your child's name, class, and purpose for the payment on the outside of the envelope or bag. Any unlabelled monies are unable to be processed.

We appreciate your help.

Nicole Dorratt
School Administration Manager

DOES YOUR CHILD HAVE ASTHMA?

If your child has asthma—please ensure the school has an updated asthma plan and asthma medication for your child. It is Department Policy that all plans are updated annually to ensure that the school is following the most up to date medical instructions for your child.

The school will be contacting parents of students listed as having asthma before the end of the term, if our records show that plans or medication are out of date.

If you know your child's medication needs replacing, please bring new supplies to the front office.



OFFICE NEWS—Parent Transport Requirements

Paperwork required **BEFORE** the day you are transporting students:

- ◆ Copy of vehicle registration papers
- ◆ Copy of car insurance
- ◆ Working with Children's Check
- ◆ Appendix 5 with 100 points of identification



Without this paperwork, you cannot legally transport children in your car. This needs to be in the office at least 1 week prior to the event as it needs to be processed. This is a legal Department policy.

P&C NEWS

Obstacool Reschedule- Monday 14 November

Unfortunately due to such a large amount of rain a reschedule was required for this fun event. We will continue to collect money for those who wish to participate and naturally will carry over the payments made by people who have brought in their money already. We appreciate everyone's patience and understanding of the need to reschedule this event due to unforeseen acts of nature.

A massive thank you needs to go to all the VVPS staff who have been really supportive of this event. It's a mammoth task to organise in itself and the effort everyone has put in to schedule their days around this event meant it was a difficult decision to postpone it. Safety won out in the end and let's hope that Monday 14 November sees wonderful weather with sunshine leading up to it. We cannot wait to host this event next term and see everyone's hard work fulfilled through the happy faces of the kids.

We would still love to welcome volunteers for this fun event, if you would like to know more please email our Vice President (Adhoc) Lee-Anne Bishop at fundraisingvvpc@gmail.com, or speak to a P&C member who would love to tell you more. The more the merrier. Thank you to everyone so far who has said they are available for the future date.

Breakfast Club

Bakers Delight Wyoming, divine food from the equally divine owners of this local family business. The Breakfast Club kids enjoy the generously donated loaves from Bakers Delight in Wyoming Shopping Village, please support them and pop on down to grab your baked goods. If you are available to help in the Breakfast Club, please see Lisa Chadwick (Vice President Standing) for more details, or email her on vicepresidentvvpc@gmail.com.

Appendix #5- Volunteer Requirement

Close relatives of a student at the school (parent, grandmother or sibling) are only required to fill in an Appendix #5 before they volunteer with the school. With this completed 3 days before you volunteer, 100 points of ID along with a simple form and a chat with our amazing Office staff and you're ready to go for 12 months. Please note, this is also relevant to those who help in classrooms with reading and the like.

Uniform Shop Winter Sale Stock reduced to \$5 each - uniformvvpc@gmail.com

Open now on Thursdays between 2:00 and 3:00. Email orders are available, as well as orders being available through the Office. Our sale stock has been reduced to \$5 an item. This stock is of high quality, but is no longer going to be supplied in our Uniform Shop. Please pop in to grab a bargain before they go.

Holidays

We'd like to wish everyone a safe and happy holidays. We look forward to seeing everyone back on Monday 14 October fresh and ready to start Term 4. Thank you for all your support this year so far. I cannot believe how quickly this year is flying by.

Dates for the diary: (more to come, dates subject to change)

End of Term 3: Friday 27 September

Beginning of Term 4: Monday 14 October

P&C Meeting: Tuesday 14 November (7pm Staffroom)

School Disco: Wednesday 20 November

Christmas Carols: Friday 6 December

Shannon Osmond
2019 P&C President



CANTEEN NEWS

Canteen days are Wednesday, Thursday and Friday.

Hours are 8.30am to 1:50pm.

Orders can be placed at the canteen from 8:30am to 9:00am.



Welcome to Week 10



What a very busy term it has been! We thank you for all your support. We have loved catering events for the school, providing birthday cupcakes for your children and offering new products in the canteen.

The **FRESH FOR KIDS** promotion came to an end last week. Goodluck to all the kids who entered the competition. We hope you also enjoyed the fruit pens. Thanks so much for purchasing fruit.

HOW GREEN IS OUR CANTEEN?

During the rest of Term 3 / beginning of Term 4. We will be letting you know how we are trying to reduce waste in the canteen. This is part of a campaign 'How Green is your Canteen' run by Central Coast Environmental Education Network. We look forward to keeping you up to date with our changes.



Plastic containers (non-biodegradable) have been replaced with Tupperware. Once we have prepared our salad ingredients, we now store them in Tupperware. Saving \$\$ and landfill.



We are still looking for volunteers for term 4. If you can spare any time on a Wednesday, Thursday or Friday. Please don't hesitate to message me 0438283165 or pop in for a chat. We would love to see you. Even if you can spare 30mins on a Friday morning to help take orders. We would love to see you!

Bec van Drempt
Canteen Supervisor

UNIFORM SHOP

Email: uniformvvpc@gmail.com Uniform Shop Opening Hours Thursday 2:00pm – 3:00pm



We are looking for a new Uniform Shop Coordinator, if you'd like to learn more about this position please direct your inquiries to Lisa through vicepresidentvvpc@gmail.com or talk to us one-on-one at the Uniform Shop, located at the Cottage near the COLA. Please be aware that lost property is going to be sorted every 2 weeks due to hygiene concerns. Please clearly label all items your child brings to school. Lost property is located outside the Uniform Shop.



Stay informed with the SkoolBag App



The SkoolBag app is the easiest way to stay up-to-date with school events, last minutes notices, newsletters and all school communications.



1

Download the app

Search for the free SkoolBag app in the Apple App or Google Play Store

2

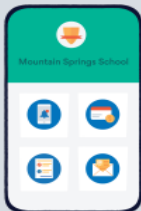
Create an account

Sign up in seconds with your email address

3

Add your school

Search for your school and add your subscription groups



SkoolBag

Download Instructions:

For Apple Users

1. From your iPhone/iPad, open the Apple App Store and search for "SkoolBag".
2. Download the free SkoolBag app.
3. Open the app, add your school and you're ready to go!

Google/Android Users

1. From your Android device, ensure you have an account in the Google Play Store.
2. Open the Google Play Store and search for "SkoolBag".
3. Download the free SkoolBag app.
4. Open the app, add your school and you're ready to go.

Bakers Delight
We're for real.
Wyoming



To register and make bookings, visit www.campaustralia.com.au or Customer Care Team on 1300 105 343. The team are available 24 hours a day, 7 days a week (except National Public Holidays).

Camp Australia – Valley View Public School service phone number: **0411 298 277**

Before Care Times: 6:30am-9:00am

After Care Times: 3:00pm-6:30pm

We look forward to caring for your children

Notes issued this week:

All notes are now on the school website at valleyview-schools.nsw.edu.au and on the App

