



TERM 3 WEEK 10 2023

VALLEY VIEW PUBLIC SCHOOL

Newsletter

Respect Responsibility Personal Best



IMPORTANT DATES

WEEK 10

Tuesday 19 September

- Yr 6 Bake Sale Fundraiser

Wed 20-Fri 22 September

- Stage 3 Camp Bathurst
- CC GATS Camp

Fri 22 September

- Students last day Term 3

WEEK 1

Monday 9 October

- Students return to school

Tuesday 10 October

- Sydney North Athletics

WEEK 2

Monday 9 October

- Students return to school

Tuesday 10 October

- Sydney North Athletics

Wednesday 18 October

- Reptile Park Excursion Kindergarten

Central Coast Public Speaking

Congratulations to our school finalists who competed in the first round of the Central Coast Public Speaking Competition last Thursday at Erinas Heights PS.

A special mention to Siya M and Lachlan D who have qualified for the next round to be held at Somersby PS next term, what a fabulous effort!



Principal's Message

As this is the last newsletter for the term, I wish you all the very best for a safe and relaxing holiday and look forward to seeing you back here next term.

This Friday 22nd of September is the last day of Term 3 with **students and staff returning to school on Monday, 9th of October.**

Stage 3 Camp

Years 5 and 6 are off on our school camp to Bathurst bright and early tomorrow morning. Keep an eye on Dojo and Facebook for regular updates. We look forward to lots of wonderful experiences over the three days.

A big thanks to Miss Betteridge and the Stage 3 team for the planning and preparation that has gone into organising this for our students.

Kindergarten 2024

We are now taking enrolments for Kindergarten in 2024. If you have a child starting next year or have any friends or neighbours with children planning on starting next year, please contact the office to start the enrolment process. Alternatively, online enrolments can be completed via the following link: <https://valleyview-p.schools.nsw.gov.au/about-our-school/enrolment.html>

Children may be enrolled in Kindergarten at the beginning of the school year if they turn five years of age on or before 31 July in that year. By law, all children must be enrolled in school by their sixth birthday. As part of the enrolment process, you will need to provide your child's original birth certificate, statement of complete immunisation from Medicare and proof of your current address (a minimum of 100 points of identification are required).

2024 School Planning

We are currently in the process of planning for 2024 (hard to believe it's that time of the year already) therefore we are asking if you are aware that your children will not be attending our school in 2024, please contact the front office or send a note to your child's class teacher and let us know.

Alternatively, if you know of students moving into the area please ask their parents to contact us.



School Maintenance

Over the school holidays, the classrooms in E Block (Stage 2 and 3 classrooms) will be getting a fresh coat of paint. They are hoping to get through a few rooms, however some classes may need to relocate temporarily when we return from school holidays while the painting is completed.

Construction of our basketball court will continue throughout the holidays and won't be far off completion which is incredibly exciting. We can't wait to see the finished project – it's certainly kept lots of our students enthralled during lunch and afternoon tea times.

School Security

During the school holidays, if you hear or see anything of concern please contact School Security on 1300 880 021.

Kirsty Squires
Principal



Term 3 Key Dates & Events

WEEK 10

Tuesday 19 September

- Year 6 Bake stall fundraiser

Tuesday 20–22 September

- Stage 3 Camp
- CC GATS Camp

Friday 22 September

- Last day of school for Term 3

WEEK 1

Monday 9 October

- Students return to school

Tuesday 10 October

- Sydney North Athletics

Friday 13 October

- Sustainable Future Festival
- 3–6 Assembly 2pm

WEEK 2

Monday 9 October

- Students return to school

Tuesday 10 October

- Sydney North Athletics

Wednesday 18 October

- Reptile Park Excursion Kindergarten

Friday 20 October

- K–2 Assembly 2pm

WEEK 3

Wednesday 25 October

- Central Coast Choral Festival

Friday 27 October

- Whole school Assembly 9.15am

National Water Week Primary School Poster Competition



National Water Week is coming up between October 16th and 22nd. The NWW Primary School Poster Competition is an annual art competition open to Primary Schools across the country. Students are invited to create a poster reflecting water-related issues which are important and relevant to them and their local area. Entries will be judged locally by Central Coast Council, with winners in each category submitted to the AWA for national judging. Children can obtain an entry form from Miss Betteridge and she will email your entry once it has been completed and returned. All entries must be returned to Miss Betteridge no later than September 17th.

Poster requirements

- *Poster MUST be A3 (30x40cm) in size*
- *Any medium, including paper and digital, can be used.*
- *Any art material can be used including paint, textas, coloured pencils or collage materials.*
- *An official entry form must be securely attached to the back of each poster*

ASSEMBLY AWARDS

Week 8 3-6 Assembly



5/6T

Elise C
Charlie O
Laila WS
Ashton J
Beau S

K/6T

Matthew S
Owen S

3/4B

Maisie B
Layla O
Mia W
Qusay M
Xhiantelle L

5/6M

Billie W
Caleb K
Deacon KB
Callum O
Shayla D

KAM

Elliott B
Willow G
Jayvee M
JR S
jayden P

4/5W

Anita W
Jax A
Logan P
Oliver G
Penny O

2H

Angelo T
Suya M
Susannah M
Archie K
Luca A

KB

Otto D
Connor D
Blake B
Axel W
Aria S

5/6S

Jensen H
Jack K
Mia R
Khiara J
Ryan Q

3/4H

Heath C
Faith C
Linda G
Clara H
Abbey L

K/6CP

Aiden L

1/2HM

Victoriqa B
Arwen A-R
Lennox S
Marcella G
Tyler W

K/1P

Samuel S
Paige H
Ivy S
Isla W
Edison B

3/4J

Fraser D
Mahlia S
Hannah G
Justin M
Ruby M

Week 9

K-2 Assembly

PBL



WEEK 9

We put equipment away in a tidy manner and in the right place



WEEK 10

Right Place, Right Time





NSW Health Mobile Dental Program



NSW Health Primary School Dental Program

NSW Health is working with the Department of Education and public primary schools to offer free dental check-ups and preventive care, to all students as part of a school-based mobile dental program. Our school has been selected to participate the program.

Many parents may not realise two important things about their children's teeth:

1. Good oral health is essential for children to successfully learn and participate at school, and
2. NSW Health offers free public dental health services to all children under 18 years of age.

Learning and behaviour difficulties at school can start with tooth and gum problems. That's because decay and gum disease can cause pain and difficulties in eating, sleeping, talking, concentrating, and learning, which can in turn affect a child's behaviour in class. A child with tooth decay may feel self-conscious about the way their teeth look and feel, making it harder for them to join in class and social activities.

Our school is participating in the program and offering students the opportunity to have free dental check-ups in a comfortable and familiar environment at school. With a parent/carers consent, students are able to have a free dental check-up and free preventive care.

The program is scheduled to visit our school from 6/11/2023 to 24/11/2023.

A Parent Information and Consent Pack will be sent home with each student, and includes information sheets, consent forms and the program privacy statement. Parents/carers who want their child to receive care are advised to:

1. Read all the information provided in the pack
2. Carefully complete all the fields of the consent forms
3. Return the consent forms to the school as soon as possible

More information about the program or how to access public dental clinics is available on the NSW Health website at: <https://www.health.nsw.gov.au/oralhealth/primaryschool dental> or <https://www.health.nsw.gov.au/oralhealth/Pages/default.aspx>

If you have any questions, please contact CCLHD Primary School Mobile Dental Program – Wyong Hospital on 4394 4842 or email CCLHD-MDC@health.nsw.gov.au





Calling all MOB - We need your voice!

We invite you to participate in the upcoming critical Tell Them From Me parent survey, for you to share your thoughts and help shape the future of our school.

Why Participate?

Your responses will help us to better our relationship and communication with you –ensuring a stronger partnership between school and home.

Your feedback will contribute to improvements in your child's learning experience, ensuring a quality educational environment. It's an anonymous survey and there are no right or wrong answers!

What Do We Ask?

We're eager to learn from you! The Tell Them From Me parent survey includes questions like:

- Do you feel welcome when you visit the school?
- Do teachers (staff) listen to your concerns?
- Are you well-informed about opportunities for your child's future?
- Does your child feel safe and included at school?

How and When Can You Participate?

Participating in the survey is easy and convenient. In Term 3, keep an eye out for a QR code or link to the survey in your school newsletter or email. Click or scan to access the survey and have your say online.

If you would like help in accessing the survey, please ask us here at the school.

Remember to complete the survey by Week 4 of Term 4!

Your input is invaluable, and together, we can make our school community even better for your child/ren. Thank you for being an integral part of our Partners in Learning initiative.



FREE health & wellbeing program for Aboriginal and Torres Strait Islander fathers/ father-figures (e.g. step-fathers, uncles, brothers, cousins) and their kids!

Healthy Dads, Healthy Mob: biya yadha gudjagang yadha

A health and wellbeing program that allows dads or father-figures and their kids to:

- Spend quality time together.
- Play fun and interactive games.
- Improve sport skills.
- Master healthy eating.

**REGISTER
NOW**



The program includes:

1x 2 hour information session (fathers/father-figures only):

- Improve your knowledge of healthy eating and exercise for yourself and your kids.
- Learn some evidence-based parenting strategies.

8x 90-minute fathers/father-figures and kids sessions:

- 30 minute welcome session covering topics like screen time and healthy eating.
- 60 minutes of fun practical activities including rough and tumble play, sports skills development and fitness.

A meal together following the end of the program.



ELEANOR DUNCAN
Aboriginal Services

Note: To enrol in this program, kids must be primary-school age.

WHEN	WHERE	COST
Term 4: 5th October - 14th December. Thursdays, 5.30-7.00pm.	Eleanor Duncan Aboriginal Services	FREE!

YEAR 7 2024 TRANSITION PROGRAM

Starting high school is an exciting time, for students and their parents. We would like to welcome all our new and existing families to Year 7, 2024 at Narara Valley High School. Outlined below is the Transition Program.

PROGRAM:

- ✓ **Monday 20 November, 2023**
Taster Lesson Program - Specialist Programs
TSP, CAPA & STEP
9-2pm
- ✓ **Tuesday 21 November, 2023**
Taster Lesson Program
Wyoming Public School
Valley View Public School
Other 2024 Year 7 Enrollments
9-2pm
- ✓ **Wednesday 22 November, 2023**
Taster Lesson Program
Niagara Park Public School
9-2pm
- ✓ **Thursday 23 November, 2023**
Connect Program
Additional transition and support for
identified students
9-2pm
- ✓ **Monday 27 November, 2023**
First Nations Transition Day
9-2pm
- ✓ **Tuesday 28 November, 2023**
Orientation Day
All students in our Year 7 cohort for 2024 are
invited to attend.
9-2pm
- ✓ **Tuesday 28 November, 2023**
Parent Information Evening
Held onsite at Narara Valley High School.
5-6pm



**NARARA VALLEY
HIGH SCHOOL**
For the Future



Free School Holiday Activity in your local area

Laughter Yoga will be at Wyong Public School these Spring holidays on Friday 29th September at 1:00 pm - 2:00 pm

Parents, carers and children can come along and have loads of fun together doing playful laughing & breathing exercises.

Laughter Yoga has far-ranging benefits to our physical health, mental health, and social wellbeing. You will come away from this one-hour session feeling invigorated!

Register Here: <https://www.eventbrite.com.au/e/700589340577?aff=oddtcreator>



Canteen News

On the last day of Term 3 (Friday 22nd September) the school canteen is having a meal deal. Please be aware, students attending the Stage 3 Bathurst Excursion will not be at school on this day.

Please return all meal deals on or before Wednesday 20th Sept to avoid disappointment.


OPEN

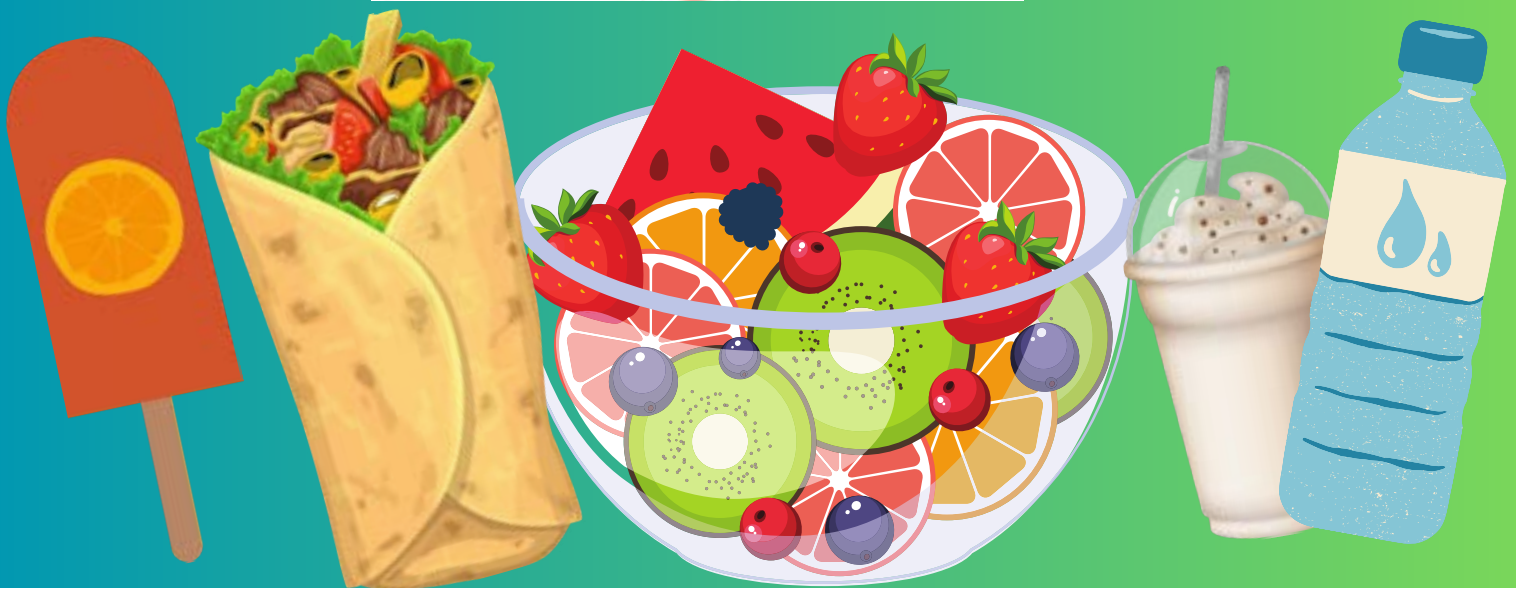
Wednesday, Thursday, Friday
8:30am till 1:50pm

CASH ONLY

Thank you to all of the amazing volunteers who help keep our canteen running. If you would like to join the team, please fill in a blue volunteer form, available from the office.

LUNCH PACKS

Ham/pineapple pizza, Chill J, Snap Stix, Apple	6.00
Sausage roll, milkshake, Snap Stix	5.50
Cheese toastie, apple, water bottle, Snap Stix	 4.50



Meal Deal, Term 3

Friday 22nd September



Name: _____ Class: _____

Please tick one box:

☐ Sausage roll*

☐ 3 Nuggets*

☐ Hot Dog*

☐ Pizza (ham, pineapple and cheese)

➤ Sushi: ☐ avocado ☐ cucumber ☐ tuna

*Includes sauce, please circle:
Tomato, BBQ or no sauce

All meals include an iceblock and a drink
(please select one option)

☐ Bottle of water = \$5 OR ☐ Chill J = \$6

Please return all orders by Wed 20th Sept



CANTEEN MENU 2023

Orders to be placed between 8.30am – 9.00am



SANDWICHES



Vegemite	V	1.50
Jam	V	1.50
Honey	V	1.50
Cheese	V	2.00
Cheese & tomato	V	2.50
Ham, cheese & tomato		3.00

All sandwiches can be made with white or wholemeal bread

BURGERS



Cheese burger (beef, cheese, sauce)	CM	4.00
Plain burger (beef patty on roll)	CM	3.50
Crumbed chicken burger (with lettuce, mayo)		4.00

HOT FOOD



Chicken tenders		1.50
Chicken nuggets		0.80
Chicken nuggets – gluten free	GF	0.90
Pie	LF	4.00
Sausage roll	LF	3.00
Extras: tomato or BBQ sauce portion		0.20

PIZZAS

Cheese pizza	V CM	2.00
Ham & pineapple pizza	CM	2.50

JAFFLES

Cheese jaffle	V CM	2.00
Ham & cheese jaffle	CM	2.50
Baked bean jaffle	V CM	2.00

All jaffles can be made with white or wholemeal bread

SNACKS



Fruit cup	CM	1.50
Chips (red rock sea salt)		1.30
Muffins		1.00
Garlic bread loaf	CM	1.50
Apple		0.50

DRINKS



Water small		1.00
Nippy (chocolate)		2.50
Juice cup		1.50
Orchy juice (apple & blackcurrant)		2.30
Up & Go (vanilla or chocolate)		2.50
Milkshakes (assorted flavours)		1.50
Chilli Js (assorted flavours)		2.00



FROZEN TREATS

Mini frozen ice cups (assorted flavours)		0.20
Quelch Fruit sticks		1.00
Snap-stix (assorted flavours)		1.00

LUNCH PACKS

Ham/pineapple pizza, Chill J, Snap Stix, Apple		6.00
Sausage roll, milkshake, Snap Stix		5.50
Cheese toastie, apple, water bottle, Snap Stix	V	4.50





P & C NEWS

The next P&C meeting is Tuesday 10th October in the school library at 7pm

The P&C are grateful that through the Valley View community's generosity in fundraising this year, the P&C have been able to donate a Defibrillator to the school. It is now installed in the school office for teachers to use in an emergency.

We would also like to announce a change in the P&C executive team.

We have a new Secretary, Katie Bouveng, who started in the role this term, taking over from Nicola Grayson.

We farewell Kim Woodhead, and welcome Mona Strickland to the role of Fundraising Officer. We thank Kim for the amazing job she has done since joining in 2022, pioneering some new events like the family movie night and reviving some favourite events that haven't been held in a few years.

Thank you for your enthusiasm and passion for school. We wish Valley View students a fun and memorable time!



Orders

For your convenience we encourage the use of the online ordering system on the link below

<http://www.valleyviewpandc.org.au/>

orders are distributed every Thursday to your child's class - please include child's full name and class in the notes section of the order form.

New Valley View Uniform Shop Price List - see attached

ORDER HERE:

<https://www.valleyviewpandc.org.au/shop/>

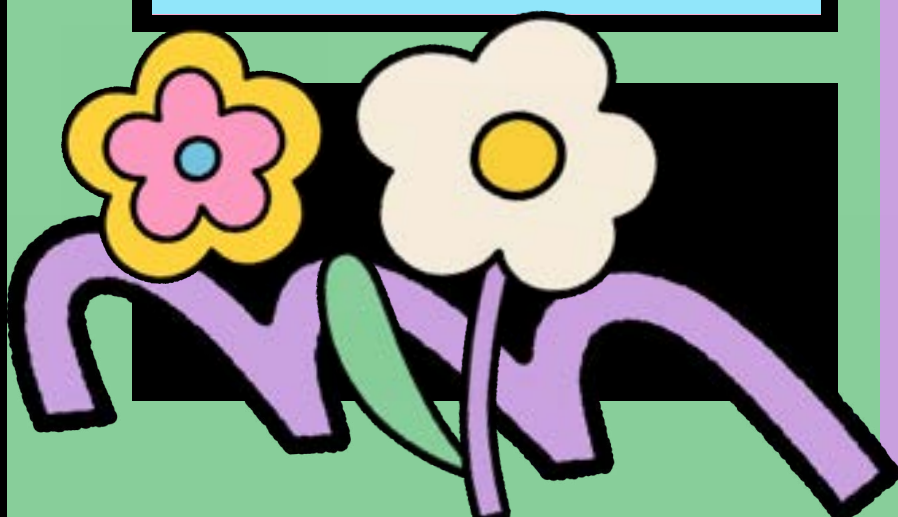
Uniform Shop

Just a reminder that our Uniform shop opening hours have changed. We will now be opening from

8:30 - 9:30am every

Thursday

NB: Online orders must be placed by 5pm on Wednesday



Item Description	Children Sizes							Extended Sizes					Price
School Polo with Logo – Children Sizes	4	6	8	10	12	14Y	16Y						\$25.00
School Polo with Logo – Extended Sizes								S/14	M/16	L/18	XL/20		\$30.00
Cargo Shorts	3												\$18.50
Cargo Shorts	4	6	8	10	12	14	16						\$22.00
Cargo Shorts – Extended sizes								S	M	L	XL	2XL	\$28.00
Skort (skirt and short combo)	3	4	6	8	10	12	14	16					\$22.00
Skort – Extended sizes								18	20	22			\$28.00
V Neck Jumper with Logo – Children Sizes	4	6	8	10	12	14	16						\$24.50
V Neck Jumper with Logo – Extended Sizes								S	M	L			\$31.00
Zip Jacket with Logo	4	6	8	10	12	14	16	18					\$30.00
Basketball Shorts (Sports)	4	6	8	10	12	14Y	16Y						\$14.00
Basketball Shorts – Extended sizes (run out)								S	M	L	XL		\$13.00
Microfibre Long Sport Pants	4	6	8	10	12	14	16						\$29.00
Microfibre Surf Hat		X/S		S/M		M/L		L/XL					\$10.50
Baseball Cap (one size fits all)													\$5.00
Library Bag													\$10.00
Sunglasses (while stocks last)													\$5.00
Iron-on Label													\$0.50

Gosford Pirates Baseball Club

Try Tee- Ball and Baseball



Ages : - 4 years to 15 years for girls and boys

For new and returning Players.

Come along and have a fun morning exploring and learning the skills of baseball.

When Sunday 10th and 17th Sept

Where: Newcastle St, Springfield

Time: 9.30am to 11.00am

Bring a hat, sunscreen and water.

To register your details at

gosfordpiratesjuniorbaseball@yahoo.com or Facebook Gosford

Pirates Juniors Baseball.

Come join our club as we celebrate our 70th Year.