

# Newsletter Newsletter

**Respect Responsibility Personal Best** 

Week 3 Term 2 2025

# IMPORTANT DATES

### Week 3

- 14 MayP&C Meeting 6:30pm16 May
- Whole school assembly 9:15am

### Week 4

- 19 May
  Grip Leadership Day
- 20 May Stage 2 Excursion
- 23 May
   BWPSSA Cross Country
   K-2 Assembly

### Week 5

- 26 May
   Bro Speak Sista Speak
   Session 2
- 28 May
   Dance Festival
   rehearsal
- Uniform Shop 8.30am



**VVPS Cross Country** 

# Principal's Message

### P&C

A huge thank you to everyone who helped with the BBQ and Cake Stall the P&C ran on the election day. Your efforts provided tasty food and treats for everyone and raised important funds for our school.

We also want to thank those who worked on the Mother's Day Stall. The lovely gifts our students had the opportunity to 'shop' for I'm sure made the day special for all the mothers and caregivers in our school.

Looking ahead, we invite all parents and community m embers to our next P&C meeting. It will be tomorrow, the 14th of May, at 7 PM in the school library. This is a great chance to get involved and share your ideas for future events.

Thank you again for your amazing support. We are lucky to have such a dedicated P&C, and we hope to see you at the meeting!

# **Cross Country**

The rain held off just long enough for us to run our cross country carnival last Wednesday and it was another successful day with our students doing their 'personal best.' It was lovely watching our little ones run in their first fun run and then to watch the competitive part of the carnival was exciting!

We had some outstanding runners who have made it through the zone carnival which will be held at Wyoming PS on Friday, 23rd of March. Notes have been sent home to all who have qualified.

A big thanks to Mrs Hollingsworth for the time and effort that went into running the carnival, and to Mrs Harpur, Miss Betteridge and Mr Smith for their support behind the scene.

I would also like to thank the P&C and their many helpers for running the BBQ on the day, it was greatly appreciated!

Ribbons for this carnival and our athletics carnival will be handed out at our whole school assembly this Friday.

### **Dance Festival**

Congratulations to both our senior and junior dance festival who were successful in their auditions to the Central Coast Dance Festival to be held in June/July. Teachers and students have spent numerous lunch and afternoon times rehearsing and it was lovely to see their hard work pay off, we can't wait to see their final performances!

# **Stage 2 Excursion**

Stage 2 are off on their excursion to Sydney next week and it is promising to be an extremely exciting day for everyone. A reminder that permission notes and payment for our Stage 2 History Excursion to The Rocks are due tomorrow Wednesday, 14th May 2025.

Tickets for the event must be purchased in advance so please note that students who do not have permission by this date will remain at school on the day.

# Kirsty Squires Principal

# Hello Families, We are pleased to let you know our school will once again participate in the NSW Department of Education, School Swimming and Water Safety programs t Gosford Pool in Term 4 this year. Our students always enjoy this and learn vital skills for swimming. It caters for all ability levels from non swimmers through to squad swimmers. More information will be shared closer to the time of commencement. Kellie McCabe



On Wednesday the 7th May, our school held our annual Cross Country Carnival. The weather was perfect and the track was in excellent condition for running. The students made their way to Alan Davidson Oval to compete in the K-1 "Fun Run" and the Yr 2-6 "Competitive Carnival".

Participation in the carnival was excellent this year, with many students crossing the finish line with a sense of pride and accomplishment.

The top 6 place getters from each division of the competitive carnival have progressed through to the BWPSSA Zone Cross Country Carnival at Wyoming Public School on the 23rd of May.

Congratulations also go out to the staff members who participated in the staff race, including our winner Mr Thompson!

Thank you to all the students, staff and parents who contributed to making this year's Cross Country Carnival a success, as well as our wonderful P&C for providing us with a BBQ lunch!

Mrs Hollingsworth and Mrs Harpur

### Winners in each division were:

Age	Boys	Girls
5 Years	1st Connor P	1st Rylee F
	2 <sup>nd</sup> Kye B	2nd Tahlia R
		3 <sup>rd</sup> Maisie M
6 Years	1st Koah H	1st Freya A
227 (4.04%) (4.00%)	2 <sup>nd</sup> Ashton W	2 <sup>nd</sup> Bonnie B
	3 <sup>rd</sup> Jake B	3 <sup>rd</sup> Shiloh K
7 Years	1st Otto D	1 <sup>st</sup> Harper B
	2 <sup>nd</sup> Zion B	2 <sup>nd</sup> Elena B
	3 <sup>rd</sup> Flynn B	3 <sup>rd</sup> Lirael H
8/9 Years	1st William D	1st Sophie M
	2 <sup>nd</sup> Connor D	2 <sup>nd</sup> Kaylee W
	3rd Hudson B	3rd Zoe P
10 Years	1st Madden B	1st Bronte H
	2 <sup>nd</sup> Linc B	2 <sup>nd</sup> Susannah M
	3 <sup>rd</sup> Zach J	3rd Arwen A
11 Years	1st Matthew M	1st Zoey J
	2 <sup>nd</sup> Lachlan O	2 <sup>nd</sup> Payton D
	3 <sup>rd</sup> Fraser D	3 <sup>rd</sup> Linda G
12/13 Years	1st Judah M	1st Lucy A
	2 <sup>nd</sup> Ben W	2nd Madison M
	3 <sup>rd</sup> Oliver G	3 <sup>rd</sup> Layla A







# **Cross Country**

































We maintain a positive, safe and productive classroom environment where we all can be successful.

This week in PBL 3-6:

# At Valley View Public School

We are learning and practising how to develop healthy coping skills. Healthy coping skills help us to become more resilient and better able to handle life's ups and downs. Healthy coping skills help us to express our feelings and stress and enables us to manage (cope) with them in a positive way.

O O Be active	Find your calm	Get creative	Connect with others	Shift your mindset
Put on music and dance	Take some deep breaths	Color, draw or paint	Cuddle or play with your pet	Think of something positive
Build with Legos or blocks	Listen to music or sing a song	Play with Play-Doh or sand	Read a book with someone	Focus on one thin you're grateful for
Do 10 jumping jacks	Close your eyes and count to 10 or backward from 100	Play an instrument	Play a game with a friend or family member	Identify your top three strengths
Run in place for 20 seconds	Take a quiet break or rest	Make up a song	Work with someone on a puzzte	Think about something you're looking forward to
Bounce a ball or play catch	Have a drink of cold water	Write about your thoughts or feelings	Write someone a letter	focus on the present moment
Go for a walk, run or hike	Slow bubbles	Create a dance	Share your feelings with someone you trust	Think about something that makes you laugh
iqueeze a stress ball	Think of a calm, happy place	Write a poem	Ask for help	Practice reframes ("I didn't fall, ( learned')
Do yoga or stretch	Look at pictures of a favorite memory	Make up a new game	Call a friend to catch up	Focus on what is in your control

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# **CANTEEN NEWS**

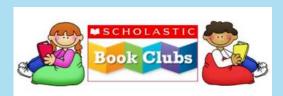
# **Winter Specials**

This week the SPECIAL is.

- Meatball SUB \$4 - meatballs in a tomato sauce, sprinkled with cheese on a white roll.

# HOT CHOCOLATE \$1.50 HASH BROWN - \$1

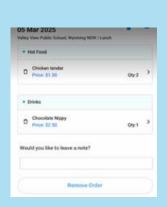


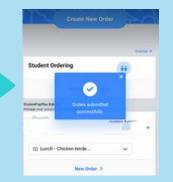


Book Club orders are due Monday 19th May

A reminder the canteen has an online option. The Student Pay +. Thanks to all the parents who are using this service.

Here is a little example of the order form.
Please remember to confirm.









The canteen is always looking for volunteers to help in the canteen. If you would like to help. Please msg me (Bec) on 0438 283165. Every little bit is helpful.

The canteen is open Wednesday, Thursday, and Friday 8.30am till 1.50pm. Orders can be placed over the counter.

The canteen & front
office sells School Hats \$5 students can
purchase from
the canteen
Wednesday,
Thursday or Friday.



# Our meeting night and time has changed!

Monthly P&C meetings will now be held on the second Wednesday of the month at 6:30pm, venue is the same.

Come and join us for our next P&C Meeting in the school library

# 6:30pm Wednesday 14th of May

It has been a very busy week with two fundraising BBQs, these days raised almost \$2,000!

Thanks to all the wonderful volunteers who helped at the Federal Election BBQ - Bec V, Amy W, Natalie H, Murray D, Nick S, Carlie T, Chris B, Hannah B and Mary K and the Cross Country BBQ - Tano S, Ewan W, Carlie T, Leslie D, Hannah B, Jasmin G, Jenny B and Bec V.

Thank you also to all the Mother's Day stall Dad volunteers – Nick S, Bryden M, Bob M, Scott B and Mum Leslie D. And of course, a big thank you to Mona and Mel who organised it all!

We hope all the special ladies out there enjoyed the presents chosen for them by their biggest fans.

# **Uniform Shop Pricing Update**

This term there will be a change to Uniform shop pricing. This is necessary to cover the increasing cost of stock from our supplier, and it is the first update to pricing since early 2023.

We have tried keep staple items as low as possible and as such there will be no change to the price of the school polo shirt remaining at \$25.

The new price list will be updated in coming weeks on our P&C website http://www.valleyviewpandc.org.au/

# Valley View Public School Project update | May 2025

Image caption: photo of Valley View Public school grounds



# Investing in our schools

As part of the NSW Government's plan to rebuild public education, the 2024-25 Budget is delivering record education funding, including \$1.5 billion investment in maintenance and local upgrades. This targeted investment will ensure growing communities get access to a world class public education.

# **Project overview**

As part of this investment, Valley View Public School will receive a share for the repair of 3 retaining walls as outlined in our November 2024 update.

The 3 retaining walls will be repaired to improve site stability and are located:

- in front of Building F (not next to Administration Building as previously advised)
- between Buildings B and E
- between Buildings E and F.

# **Progress update**

Since our last update, the contract for this work was awarded and construction began in early Term 2 2025. The project is due to finish mid 2025.

The work involves:

- removing face bricks for structural inspection and repairs
- rendering of retaining walls
- concreting
- wall capping
- balustrades
- fencing above 2 retaining walls: one in front of Building F and one between Buildings E and F.

### More information

We will keep the community updated and provide more information as it becomes available.

If you have any questions about this project, please contact the NSW Department of Education during business hours on the contact details below.



Email: schoolinfrastructure@det.nsw.edu.au

Phone: 1300 482 651

schoolinfrastructure.nsw.gov.au



# **Community Advertising**



# Does my child need OT?

We see children experiencing difficulties with:



Gross motor skills



Fine motor skill



Handwriting



ASD



Social Skills



School Readiness



Cognitive skills



Self Care skill



Sensory Processing

Building Blocks has been established in Hornsby for 24 years. Our Kariong clinic opened in 2019, and has vacancies for assessment, therapy and holiday programs. Contact us to see how we can help you!

'building • developing • excelling'





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