

Learning From Home 2021 Term 3 Week 9

Early Stage 1
Wed-Fri

Wednesday

Wednesday Writing Task

In today's writing task you are going to write the procedure for taking care of your monster. Use the template provided to write the instructions of caring for your monster.

You could use the rest of this page to help you plan your writing.

Name _____

Date _____

Procedure Text Writing Scaffold

Title: _____

Goal: _____

Materials/Equipment/Ingredients

Method

Step 1: _____

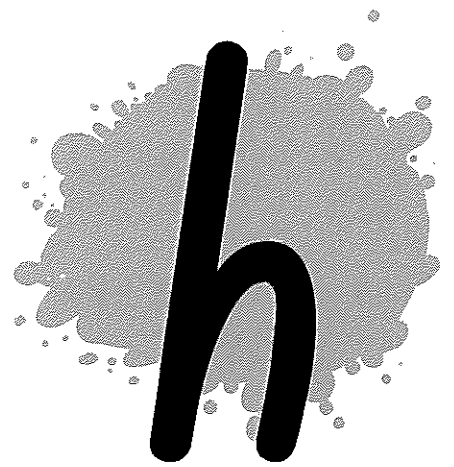
Step 2: _____

Step 3: _____

Step 4: _____

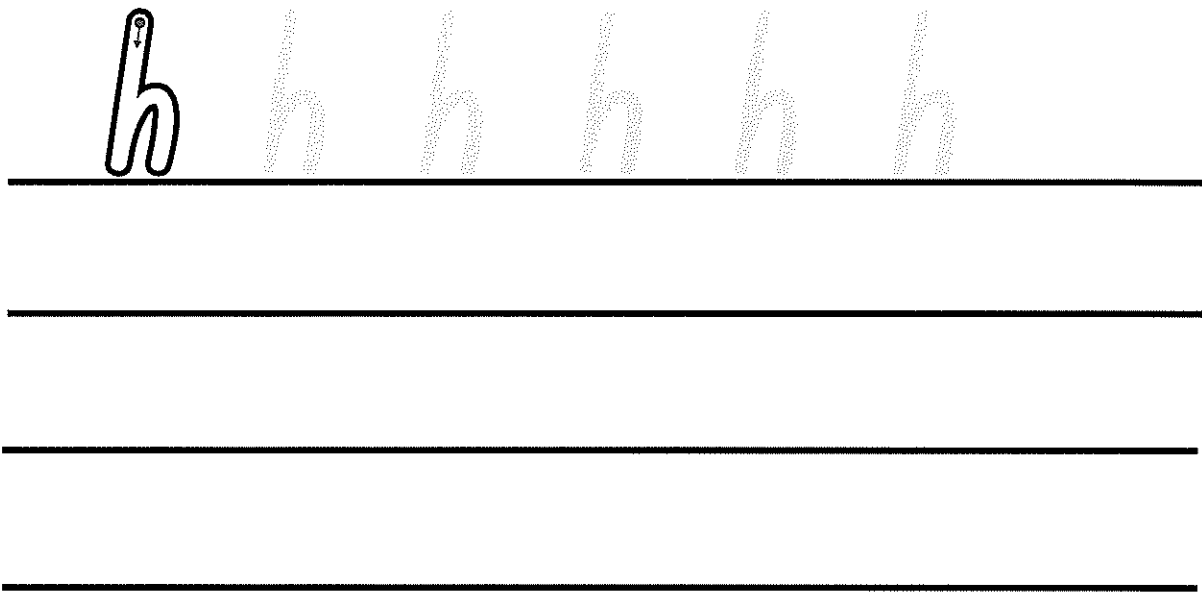
Step 5: _____

Letter Formation Worksheet



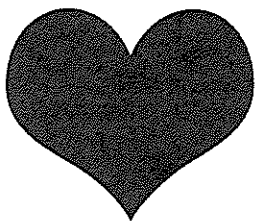
My name is _____

Trace over these letters and then try writing your own.



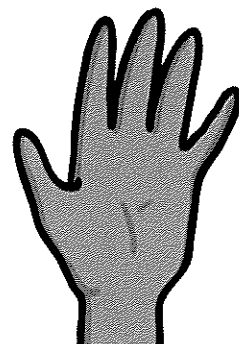
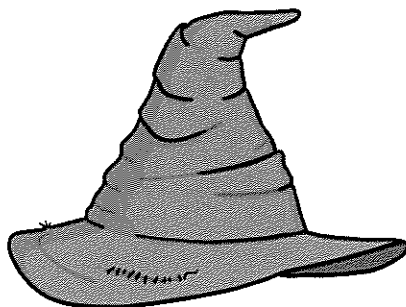
All of the following start with the sound h.

Can you write the letter h to complete the words?



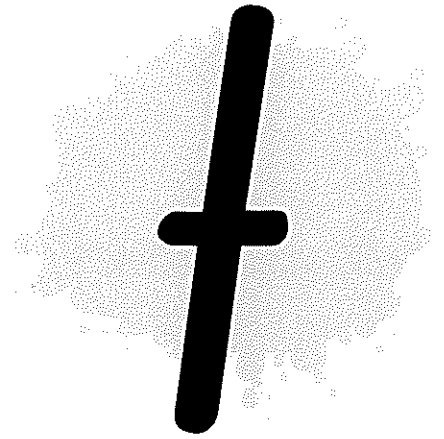
__eart

__at



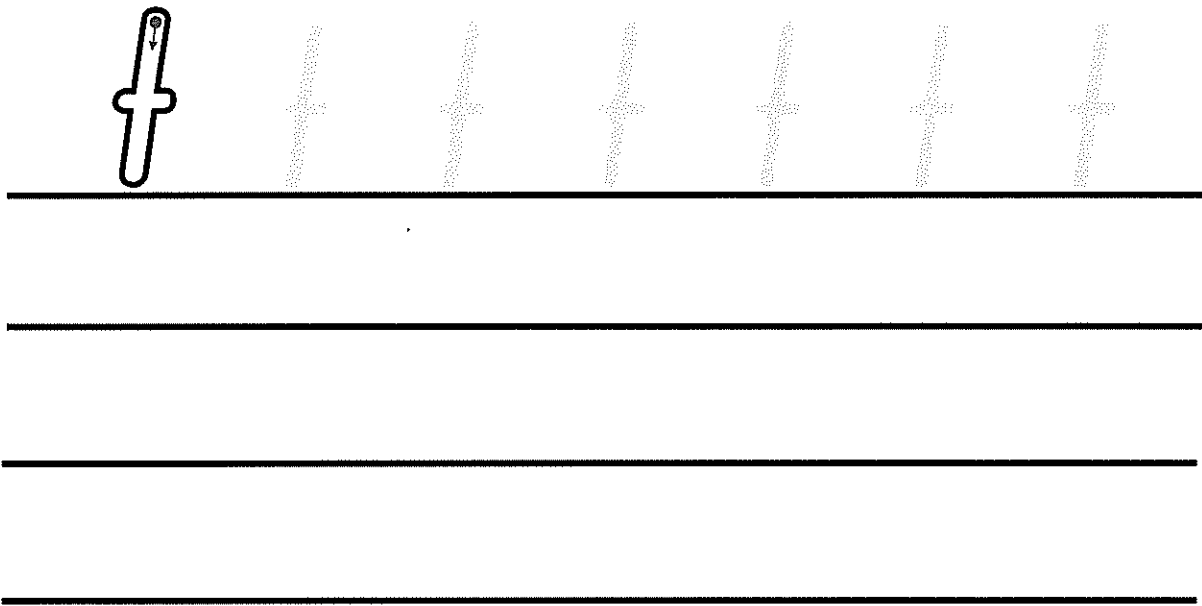
__and

Letter Formation Worksheet



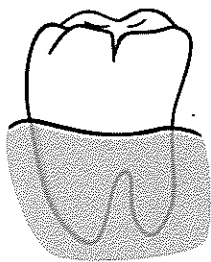
My name is _____

Trace over these letters and then try writing your own.



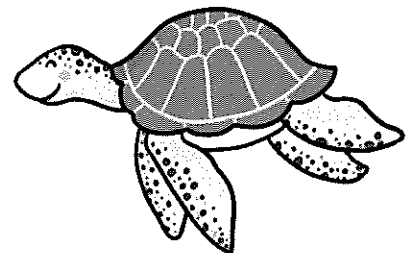
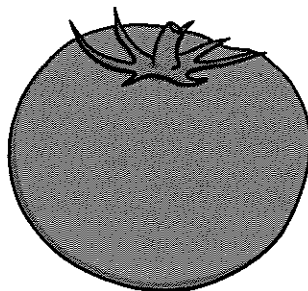
All of the following start with the sound t.

Can you write the letter t to complete the words?



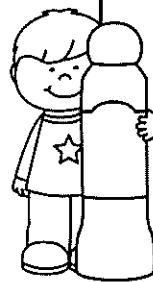
_ooth

_omato



_urtle

Name : _____



big

Sight Word Dab



not find big a big come
big I is one big it big
big one look here
big can play big you
blue big and where
big help a I
for big big away big



Trace and write it.

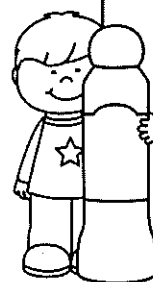


big

big

big

Name : _____



here

Sight Word Dab



here see here we here can
we help look go see here
here here go see here
here red here big here
see here you a to
here and blue here
here for here away up
you here here

Trace and write it.



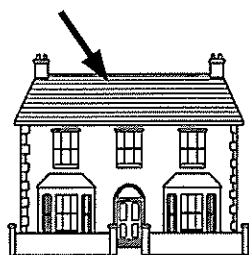
here

here

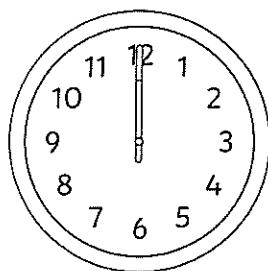
here

Find and Write the 'oo' Words (long oo sound)

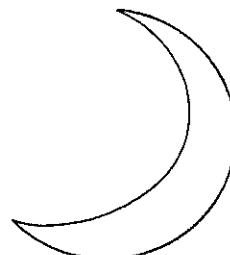
Write the words and then colour the ones with an 'oo' sound in them.



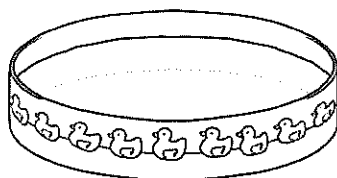
		f
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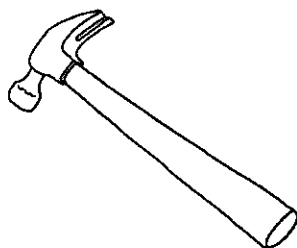
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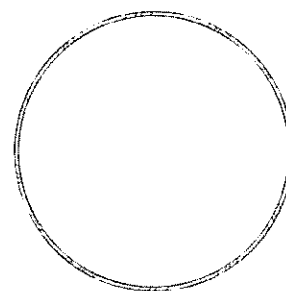
		n
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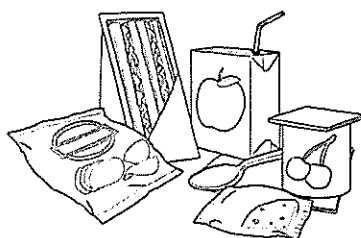
p		
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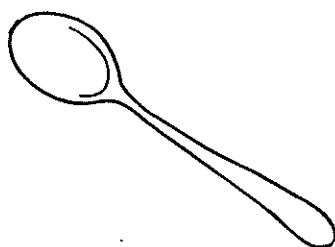
t		
---	--	--



h		
---	--	--



f		
---	--	--



sp		
----	--	--



h		
---	--	--

Addition or Subtraction?

Add an + or - to show the correct calculation.

$7 \square 3 = 10$

$12 \square 4 = 16$

$8 \square 4 = 12$

$3 \square 8 = 11$

$9 \square 3 = 6$

$16 \square 5 = 11$

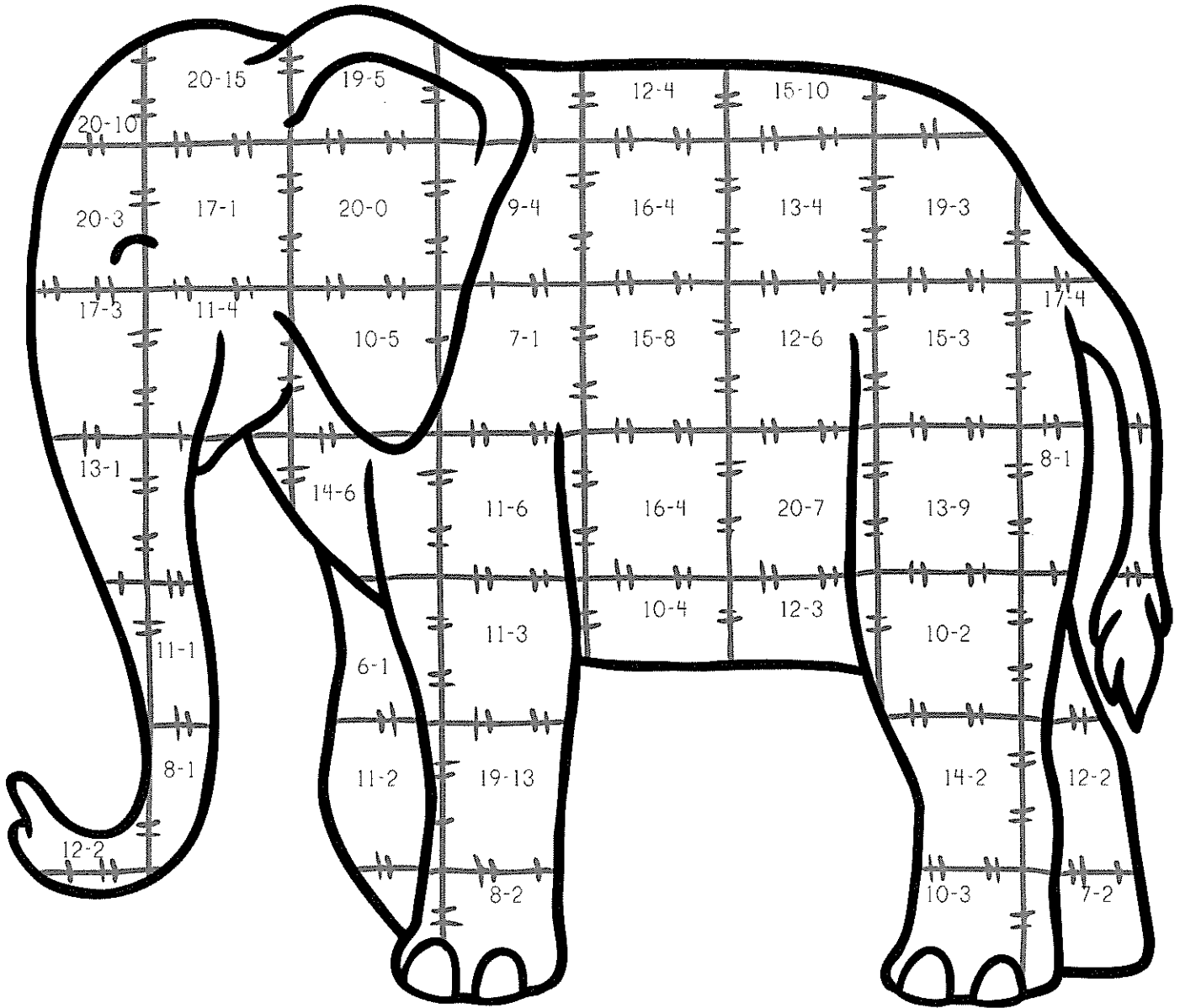
$10 \square 5 = 5$

$3 \square 9 = 12$



Subtraction to 20 Color by Number.

Solve the calculations to work out what colors to use.



5 or 13 = yellow

9 or 17 = purple

6 or 14 = orange

10 or 18 = black

7 or 15 = blue

11 or 19 = pink

8 or 16 = red

12 or 20 = green

HYGIENE AND COVID PREVENTION

CONCEPTS

PERSONAL HYGIENE

Personal hygiene is important, and so is food hygiene. In fact, it's one of the most vital aspects of good health

FOOD HYGIENE

Habits related to food hygiene are quite simple and should be taught and enforced both at home and at school

BASIC HYGIENE HABITS

01

Wash your hands before eating and after going to the bathroom

03

Wash and disinfect fruit and vegetables before using them

02

Try to cough or sneeze on the inner part of your bent elbow

04

Do not share food or pieces of cutlery with other people

WHEN SHOULD YOU WASH YOUR HANDS?

- After going to the bathroom
- Before eating or preparing food
- After coughing, sneezing or blowing your nose
- After taking care of a sick person
- After touching garbage
- After playing with your pet



"Practice good personal hygiene. Wash your hands before you eat. Be aware of good clean water and food sources."

—JAMES WRIGHT

HOW TO WASH YOUR HANDS



Start by wetting your hands



Apply some soap carefully



Rub your hands palm to palm



Lather the back of your hands



Scrub between your fingers



Rub the back of your opposing palms' fingers



HOW TO WASH YOUR HANDS



Clean your thumbs repeatedly



Clean your fingernails and fingertips



Rinse your hands thoroughly



Dry them with a disposable hand towel



Use the towel to turn off the faucet



Your hands are now clean!

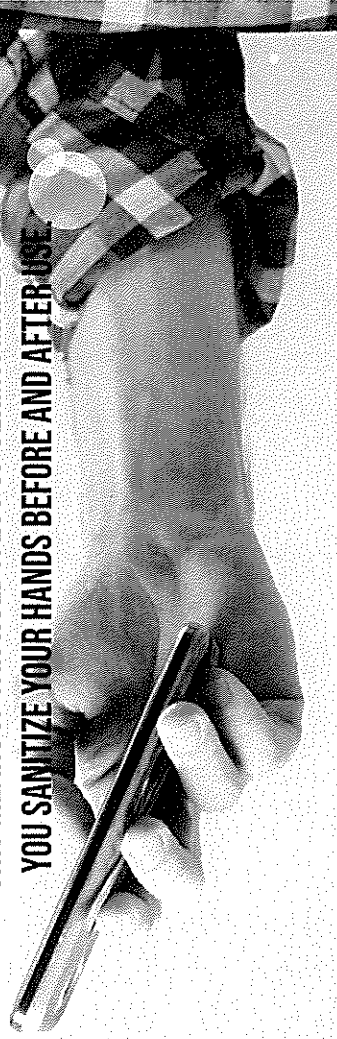


EXAMPLES



Public transport is also filled with pathogenic microorganisms. Surfaces such as railings, buttons and windows are in contact with thousands of people every day, so don't forget your hand sanitizer

BE AWARE THAT MOBILE PHONES ARE CONSIDERED
HIGH-TOUCH SURFACES
THIS MEANS IT CAN HOLD A LOT OF GERMS. MAKE SURE
YOU SANITIZE YOUR HANDS BEFORE AND AFTER USE.



APPLYING HAND SANITIZER



A

Apply the hand sanitizer on the palm of your hand



B

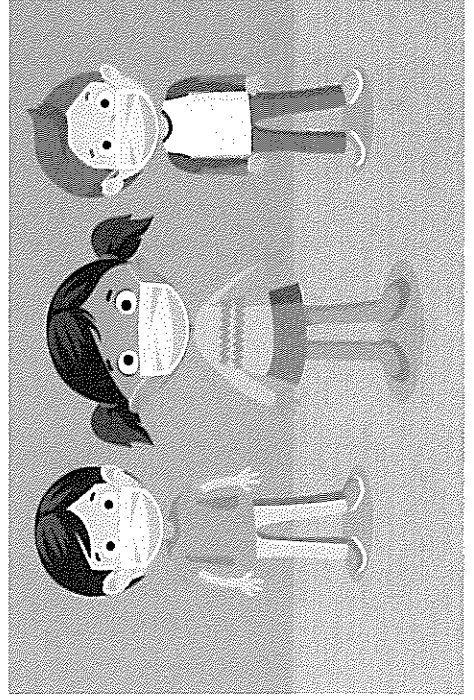
Rub both of your hands together



C

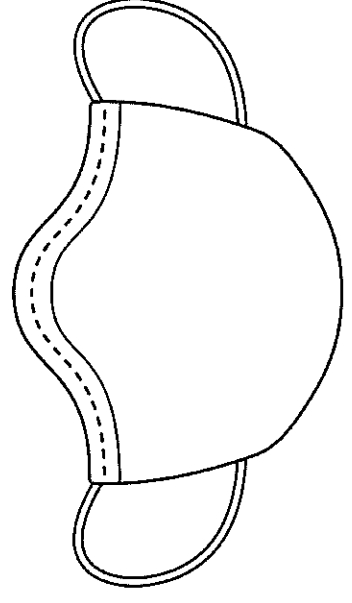
Wait until your hands feel dry (20 secs)

WEAR A MASK

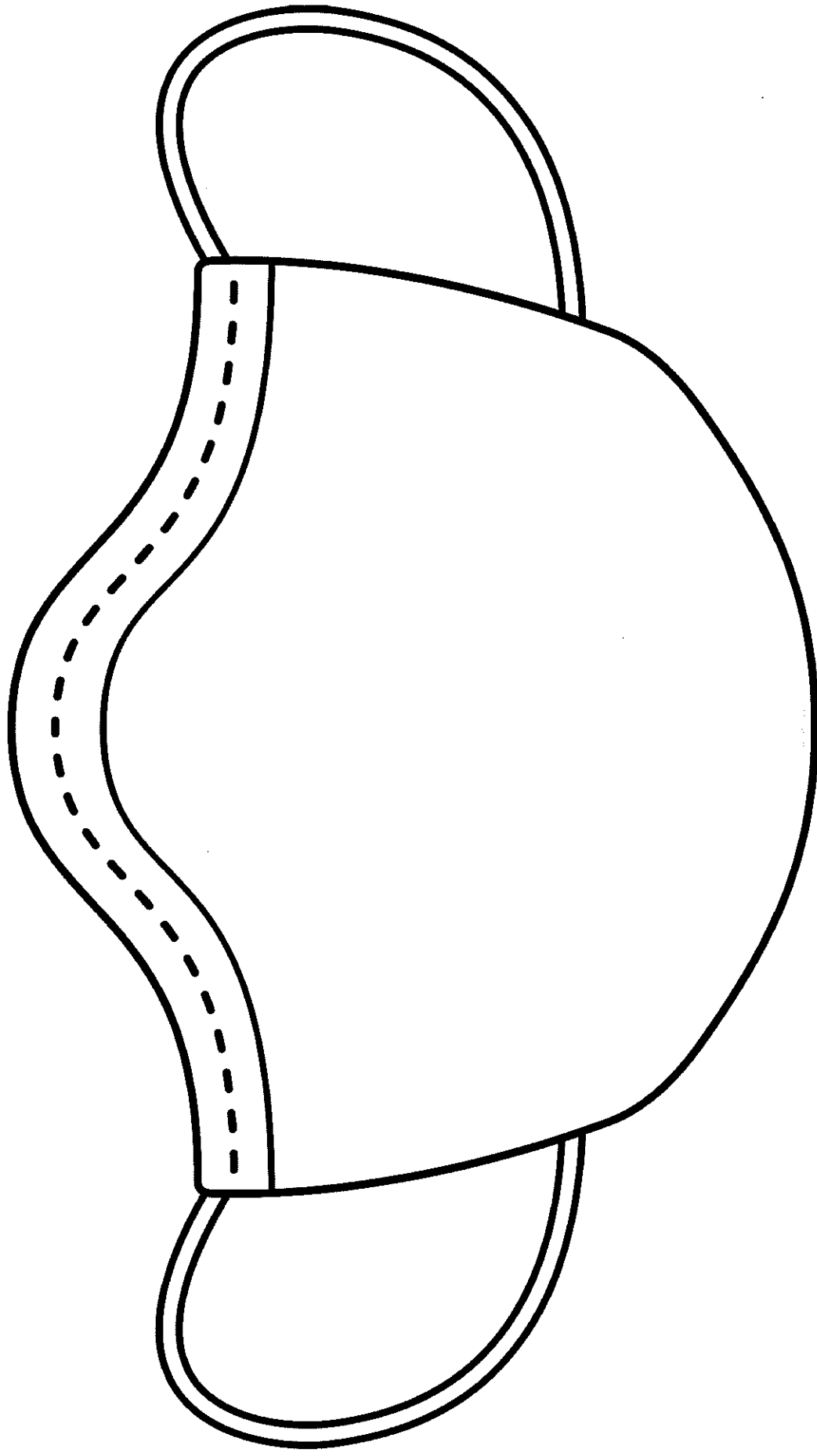


DESIGN YOUR MASK

You are to pretend you are a fashion designer and your task is to design a mask that all kids will want to wear. See template attached to this Google Classroom task.



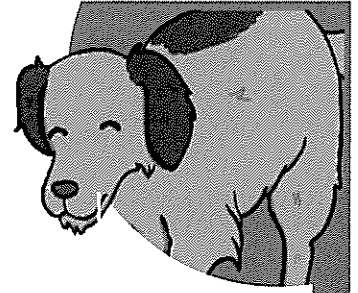
Design Your Own Face Mask Art Activity



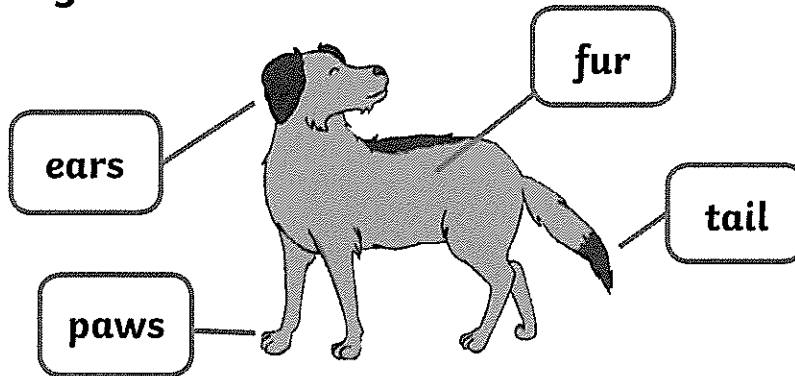
Thursday

Taking Care of a Dog

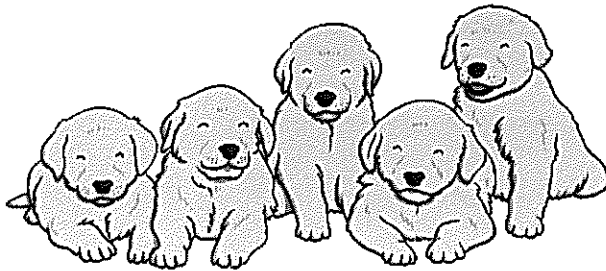
Dogs are great pets to have and they are lots of fun.



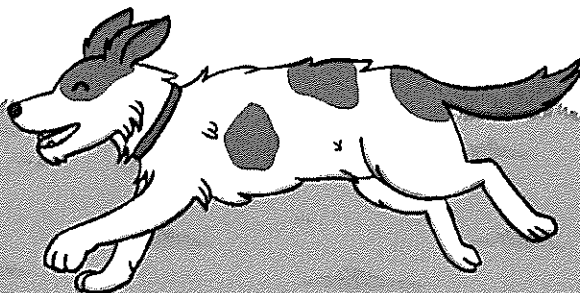
A Dog



Baby dogs are called puppies. When they are born, they have lots of brothers and sisters.



Dogs need to run a lot to stay healthy. They need to go for daily walks and play every day. Make sure your dog has a lead so you can keep them safe.

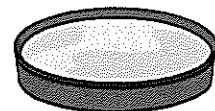


Things a dog will need:

food bowl



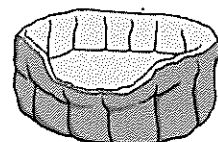
water bowl



lead



bed



toy



Questions

1. Tick two things a dog will need.

bed ☐

cage ☐

toy ☐

2. What is a baby dog called?

kitten ☐

chick ☐

puppy ☐

3. What does 'daily' mean?

every second ☐

every day ☐

every year ☐

4. What do dogs **need** on a walk to stay safe?

a ball ☐

a coat ☐

a lead ☐

5. Why do dogs need to run a lot?

to stay healthy ☐

to eat more food ☐

to get to sleep ☐

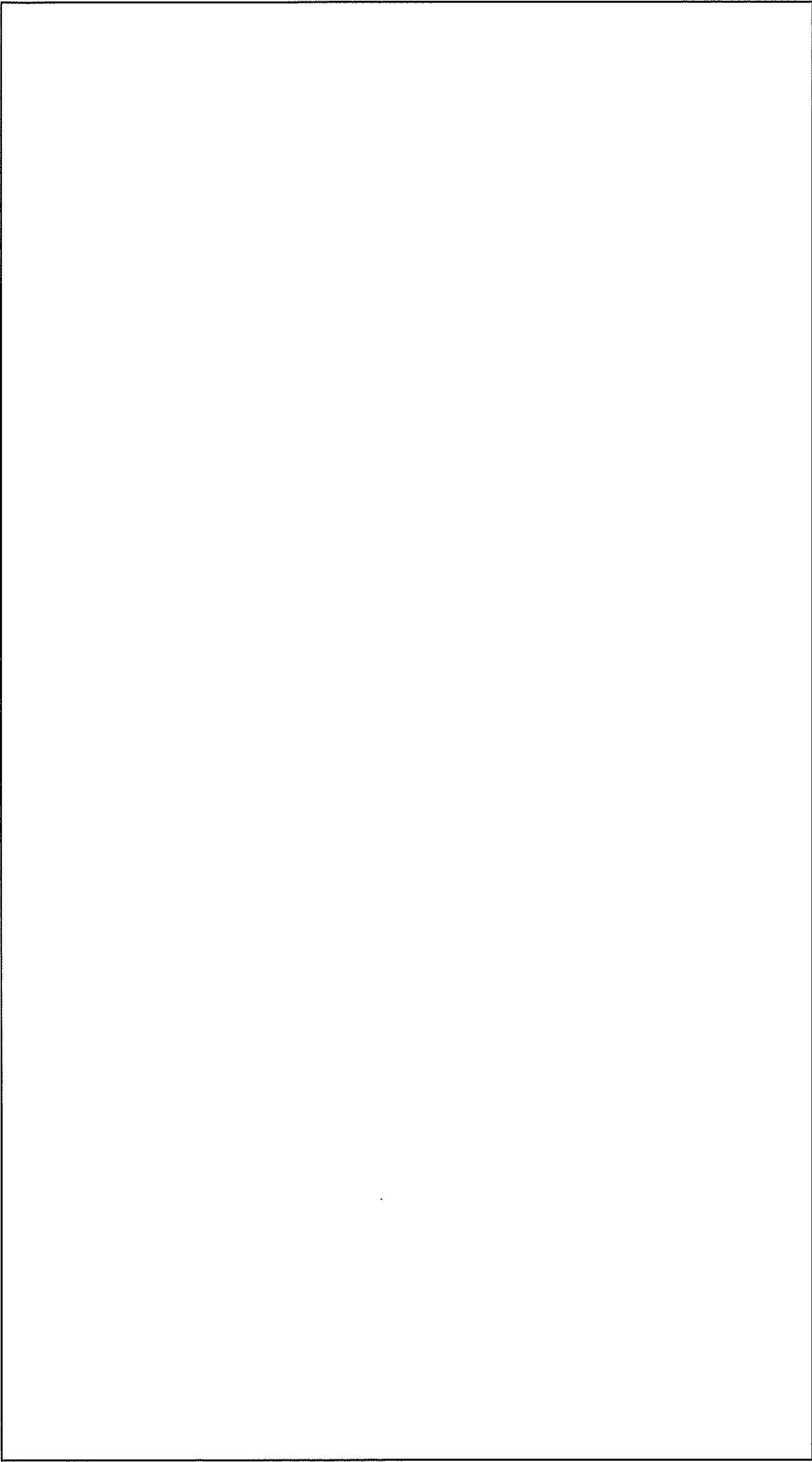
Thursday Writing Task

In today's writing task you are required to use the OREO process to design a convincing poster for someone to adopt your monster. You will need to include:

- * A picture of your monster.
- * A description of how to look after your monster (their likes and dislikes).
- * A paragraph to persuade the reader why your monster should be adopted.

Think about!

Think back to what we have been learning about persuasive writing over the past few weeks. Use OREO to create your paragraph, use emotive (feeling and thinking verbs) language and use strong adjectives to wow the reader.



Handwriting Worksheet

Ascending letters

These letters are taller than the other letters in the alphabet. Practice writing a line of each.

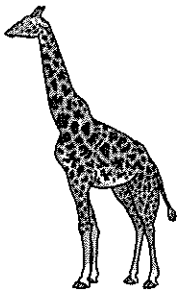
k _____

l _____

t _____

h _____

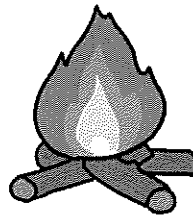
Trace over the word then write the word on the lines below.



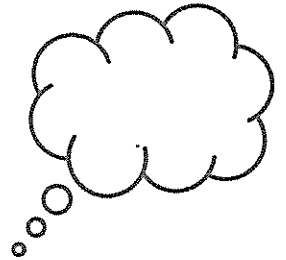
tall



kite



hot



think

bring

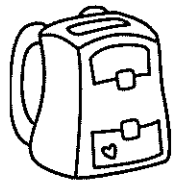
Name : _____

SIGHT WORD FLUENCY

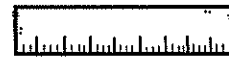


Read the sentence in each column and color the correct picture.

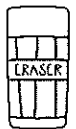
I bring my pen.



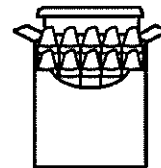
I bring my ruler.



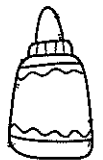
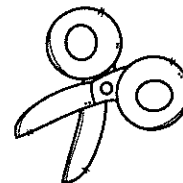
I bring my eraser.



I bring my crayons.



I bring my scissors.



Write your favorite sentence or make your own sentence using the sight word bring.

do

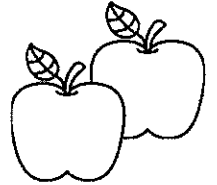
Name : _____

SIGHT WORD FLUENCY

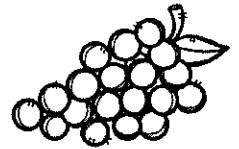


Read the sentence in each column and color the correct picture.

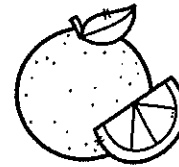
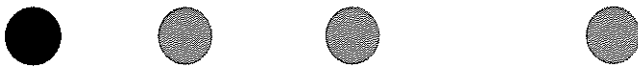
Do you like apples?



Do you like grapes?



Do you like oranges?



I will do my chores.



I will do my homework.

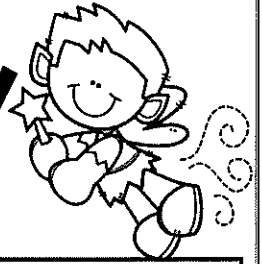


Write your favorite sentence or make your own sentence using the sight word do.

may

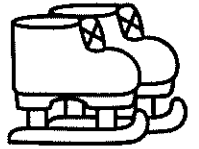
Name : _____

SIGHT WORD FLUENCY

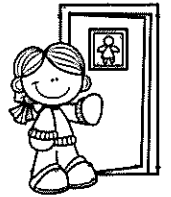
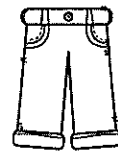


Read the sentence in each column and color the correct picture.

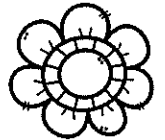
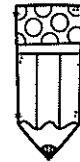
May I use your phone?



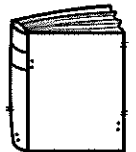
May I use the bathroom?



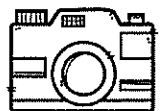
May I borrow your pencil?



May I borrow your book?



May I use your computer?



Write your favorite sentence or make your own sentence using the sight word may.

Snake Subtraction from 20

Match the colours to the numbers.

1-3 = red

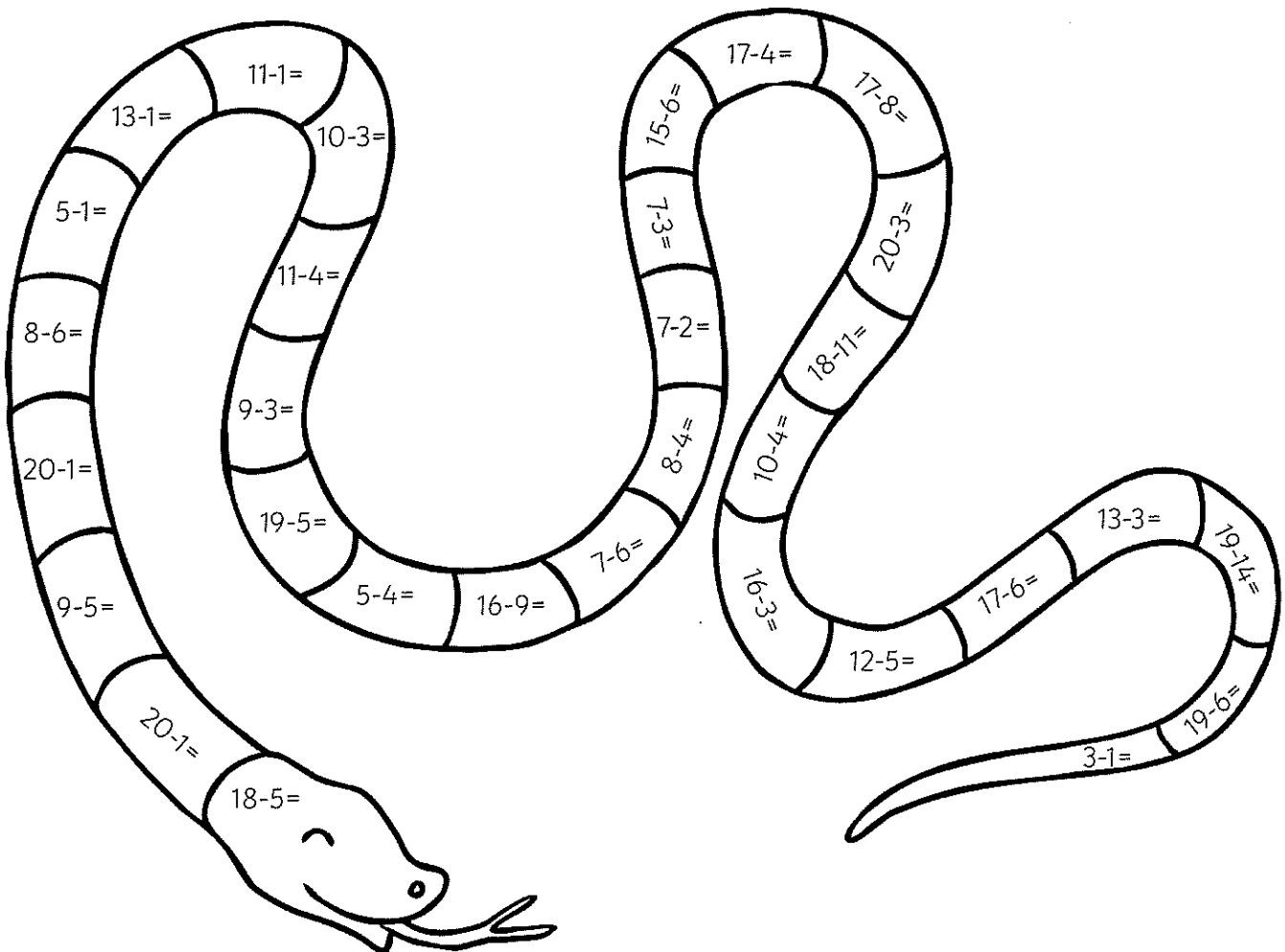
10-12 = blue

4-6 = orange

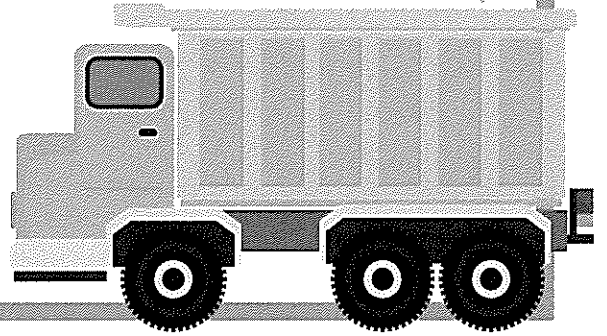
13-15 = green

7-9 = yellow

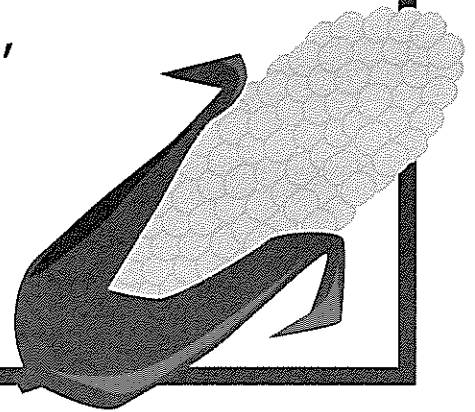
16-20 = purple



Josh had 6 toy trucks and was given 6 more for his birthday. How many toy trucks does he have now?



Millie was growing corn in her garden. She picked 23 cobs of corn, but 13 were rotten and had to be thrown away. How many cobs of corn did she have to eat?



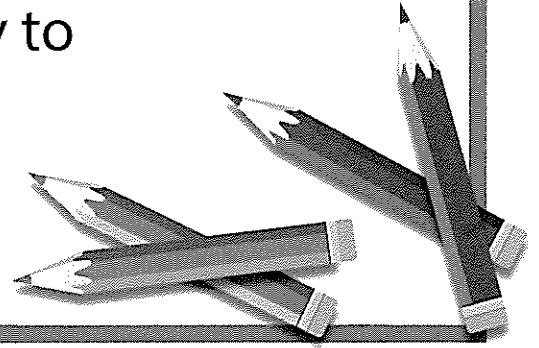
© teachstarter

Debbie was baking cupcakes for the fete. On Saturday she baked 10 cupcakes, on Sunday she baked 5 cupcakes and on Monday she baked 2 cupcakes. How many cupcakes did she bake altogether?



© teachstarter

Wendy had 16 coloured pencils in her pencil case. She gave 4 away to her friends. How many coloured pencils does she have left?



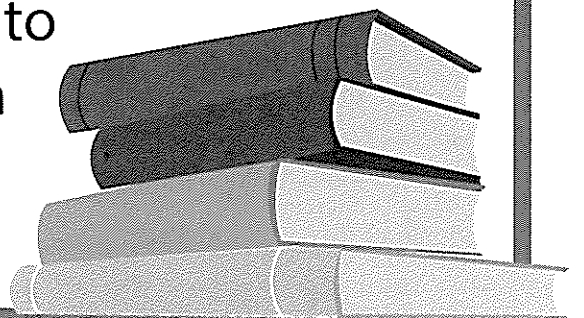
teachstarter

On one side of the street there are 14 houses and on the other side there are 8 houses. How many houses are in the street?



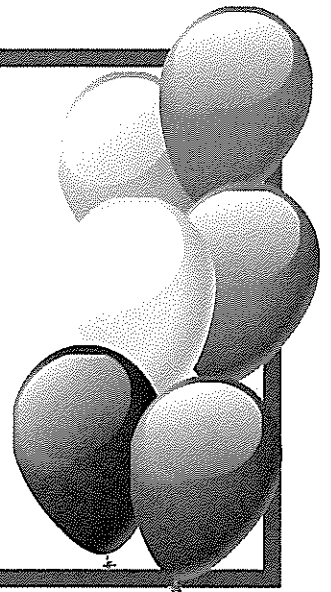
teachstarter

Lee has read 12 pages of her book. She still has 8 pages left to read. How many pages were in the book altogether?



teachstarter

You received a bunch of balloons for your birthday. There were 14 balloons but then 3 popped. How many balloons do you have left?



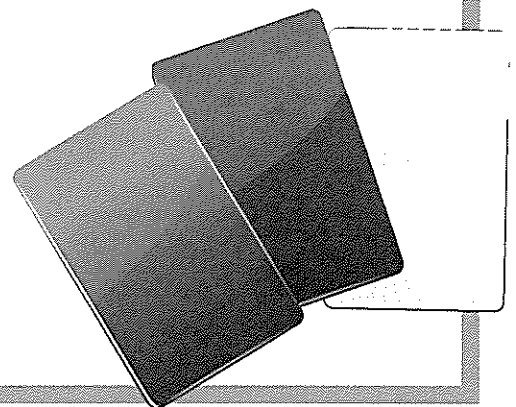
teachstarter

Dave bought a pair of shoes for \$35. How much change will he receive from \$40?



teachstarter

Michael saw 3 red cards, 2 blue cards and 8 white cards. How many cards did he see altogether?



teachstarter

Core stability

Tree

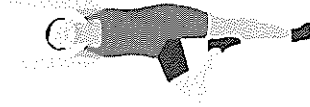


Key components

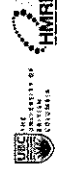
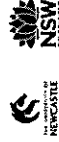
1. Stand up straight. Then shift your weight onto your left leg.
2. Keeping your hips facing forward, place the sole of your right foot inside your left thigh and find your balance.
3. Take a prayer position with your hands and then reach your arms up as you would as if standing.
4. Repeat on other leg.

Make it easier: Both feet on the ground but stand on tip toes.

Make it harder: Extend one leg to the side or go on tip toes (i.e., one 1 foot).



TECHNIQUE CARD | TREE



Core stability

Pilates roll up

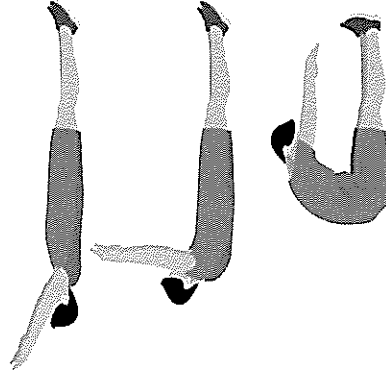


Key components

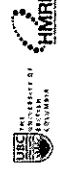
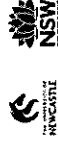
1. Lie back with your legs straight and arms extended above head next to ears.
2. Bring arms forward, tilt chin down, and slowly curl upper body up, reaching hands to toes.

Make it easier: Bend your knees.

Make it harder: Raise feet slightly off the floor for 20 seconds.



TECHNIQUE CARD | PILATES ROLL UP



Core stability

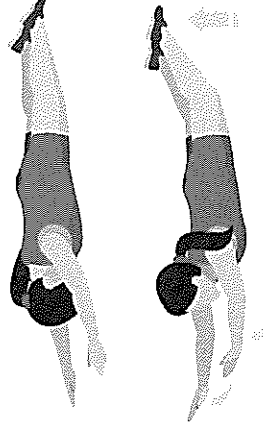
Superman



Key components

1. Lie down flat on your stomach with your arms up over your head.
2. Simultaneously raise arms, legs and chest off the floor and hold this contraction for 5 seconds.
3. In a controlled manner, simultaneously lower arms, legs and chest back to the starting position.

Make it harder: try raising your hands and feet higher in the air and flutter them i.e., raise/drop them slowly like your were swimming.



TECHNIQUE CARD | SUPERMAN



Core stability

V-sit



Key components

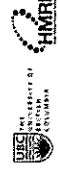
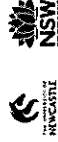
1. Start by sitting with your legs and back straight (like the letter L).
2. Lean back and contract your abdominal muscles and core.
3. Slowly lift your legs up to an extended position at a 45-degree angle to form the shape of a 'V'.

Make it easier: Bend at the knees and do not lift your legs as high.

Make it harder: Reach your arms straight forward and hold for 20 seconds.



TECHNIQUE CARD | V-SIT



Core stability

High plank

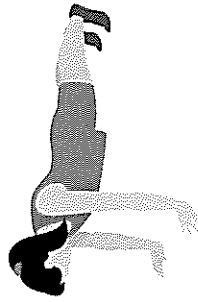
learning to
lead

Key components

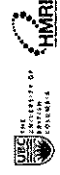
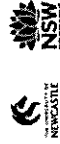
1. Position hands slightly wider than shoulder-width apart (similar to push-up position).
2. Ground the toes into the floor and squeeze the bottom to stabilize your body.
3. Keep your neck and back straight by looking at a spot on the floor about 30cm beyond the hands and hold the position.

Make it easier: Do the above on your knees.

Make it harder: Do the above but lift one hand of the ground and touch the opposite shoulder. Then, swap to touch the opposite hand to shoulder.



TECHNIQUE CARD | HIGH PLANK



Core stability

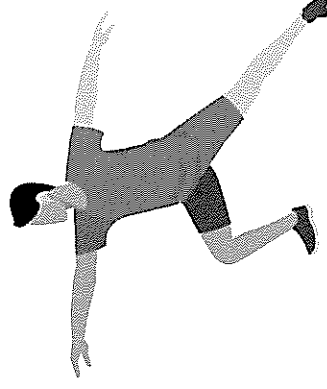
Warrior pose

learning to
lead

Key components

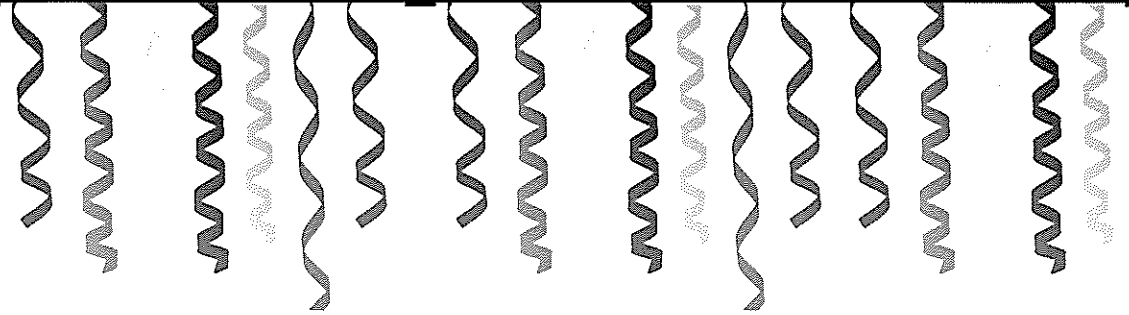
1. Stand with legs approx. 1m apart, turning right foot out 90 degrees (side on) and left foot in slightly.
2. Bring your hands to your hips and relax your shoulders, then extend arms out to the sides, palms down.
3. Bend right knee 90 degrees, keeping knee over ankle; gaze out over right hand. Hold for 1 minute.
4. Swap sides and repeat.

Make it harder: Raise your hands/arms above your head.

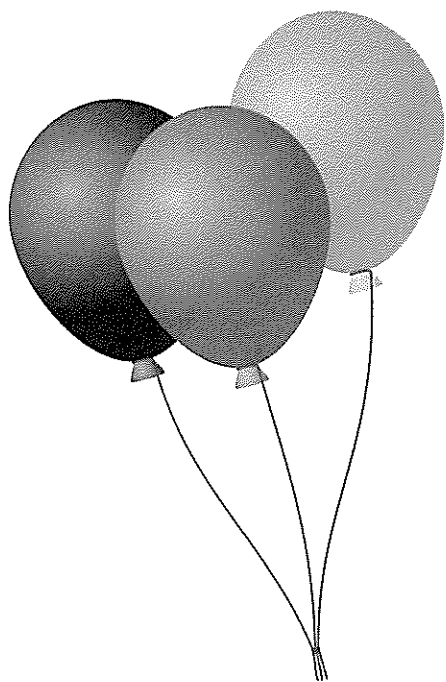


TECHNIQUE CARD | WARRIOR POSE

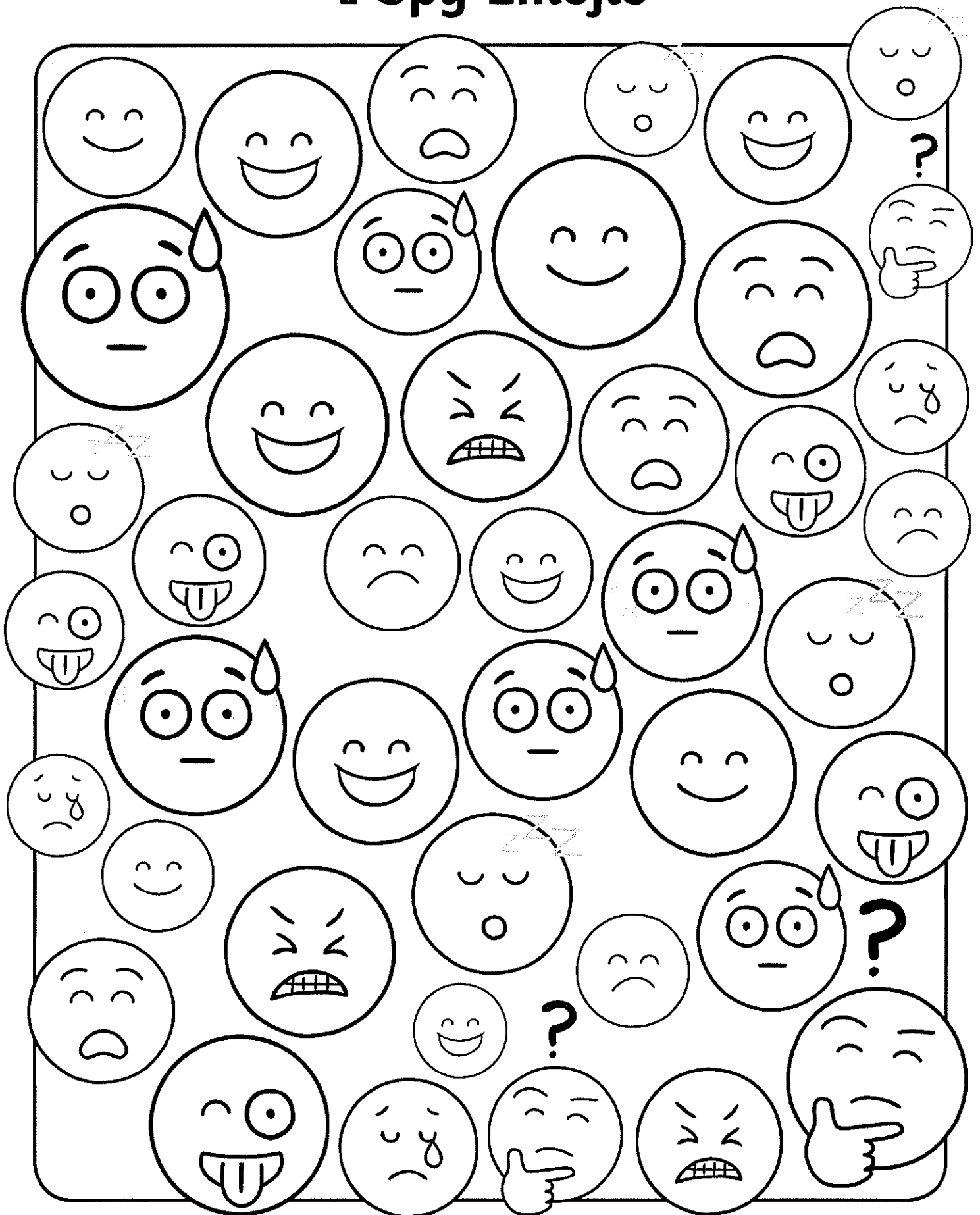


A series of vertical, wavy streamers hanging from the top edge of the page.

Friday Fun Day!



I Spy Emojis



How many different Emojis can you find?



4



6



3



3



6



4



5



5



3



3

I Spy with My Little Eye Checklist

Tick the box when you find the matching picture.

☐

spoon

☐

hand

☐

balloon

☐

mouse

☐

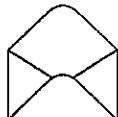
sock

☐

teapot

☐

envelope

☐

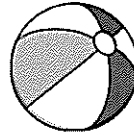
fairy

☐

mouth

☐

beach
ball

☐

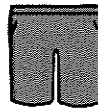
bee

☐

carrot

☐

shorts

☐

tractor

☐

dog

☐

lighthouse

☐

snail

☐

queen

☐

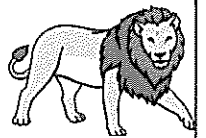
panda

☐

jam

☐

lion

☐

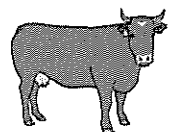
bath

☐

umbrella

☐

cow

☐

flag

☐

moon

☐

clock



I Spy with My Little Eye



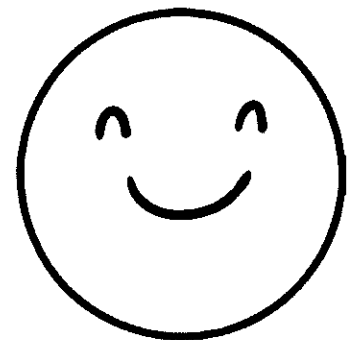
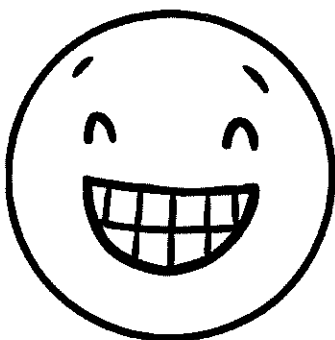
Emoji Number Code Breaker

a	b	c	d	e	f	g	h	i	j	k	l	m
1	2	3	4	5	6	7	8	9	10	11	12	13

n	o	p	q	r	s	t	u	v	w	x	y	z
14	15	16	17	18	19	20	21	22	23	24	25	26

11 5 5 16

19 13 9 12 9 14 7



Emoji Number Code Breaker

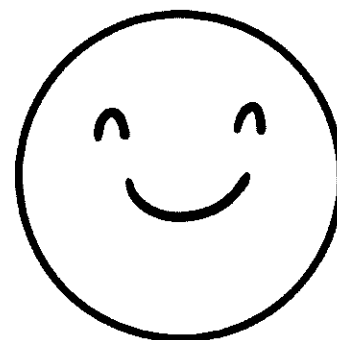
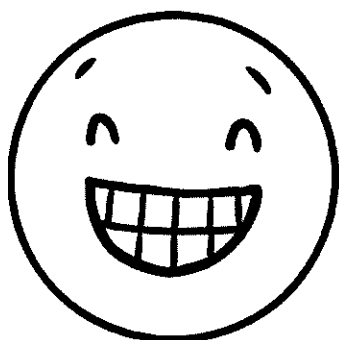
a	b	c	d	e	f	g	h	i	j	k	l	m
1	2	3	4	5	6	7	8	9	10	11	12	13

n	o	p	q	r	s	t	u	v	w	x	y	z
14	15	16	17	18	19	20	21	22	23	24	25	26

1 19 13 9 12 5

3 15 19 20 19

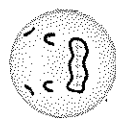
14 15 20 8 9 14 7



Emoji Code Breaker

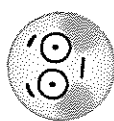
Complete the code using these symbols.

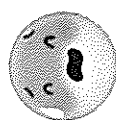
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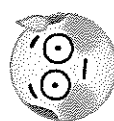
b = 

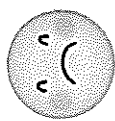
c = 

d = 

e = 

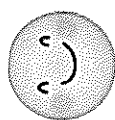
f = 

g = 

h = 

i = 

j = 

k = 

l = 

m = 

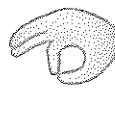
n = 

o = 

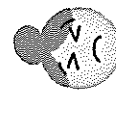
p = 

q = 

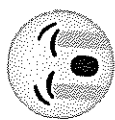
r = 

s = 

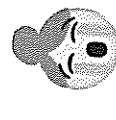
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u = 

v = 

w = 

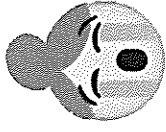
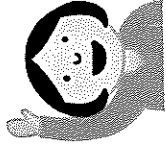
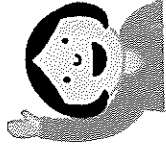
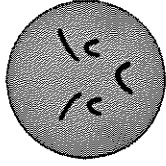
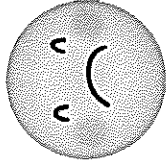
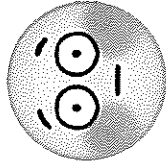
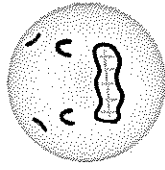
x = 

y = 

z = 

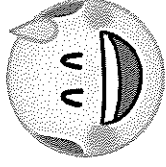
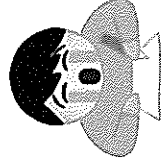
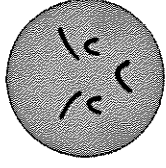
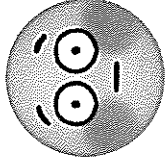
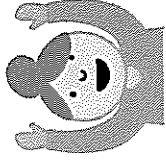
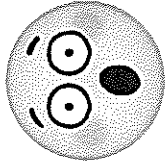
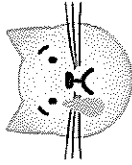
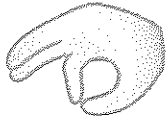
Emoji Code Breaker

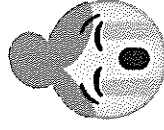
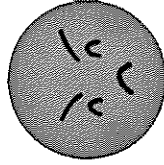
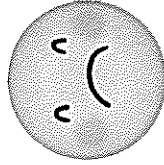
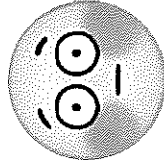
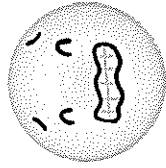
Complete the code.



Emoji Code Breaker

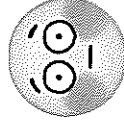
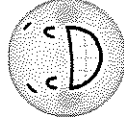
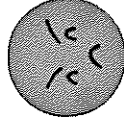
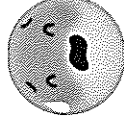
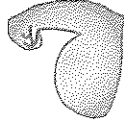
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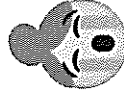
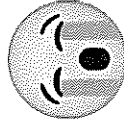
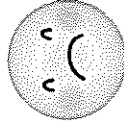


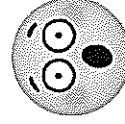
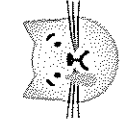
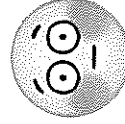


Emoji Code Breaker

Complete the code.

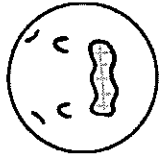




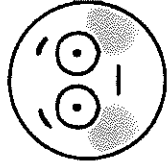


Emoji Code Breaker **Answers**

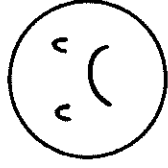
Complete the code.



b



e



h



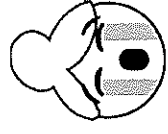
a



p



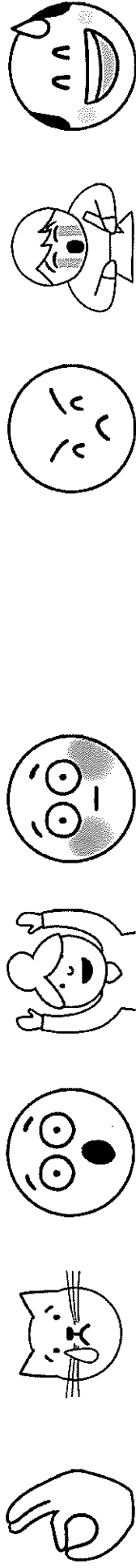
p



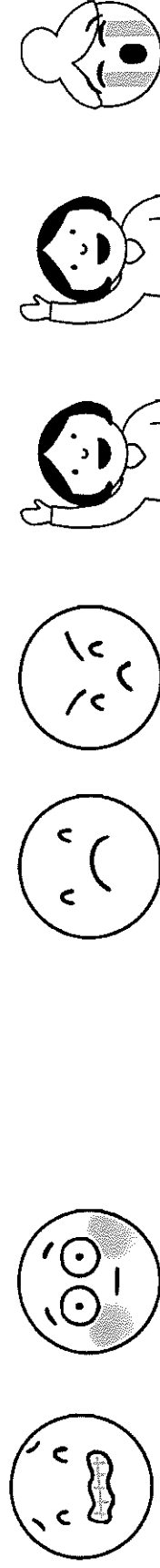
y

Emoji Code Breaker **Answers**

Complete the code.



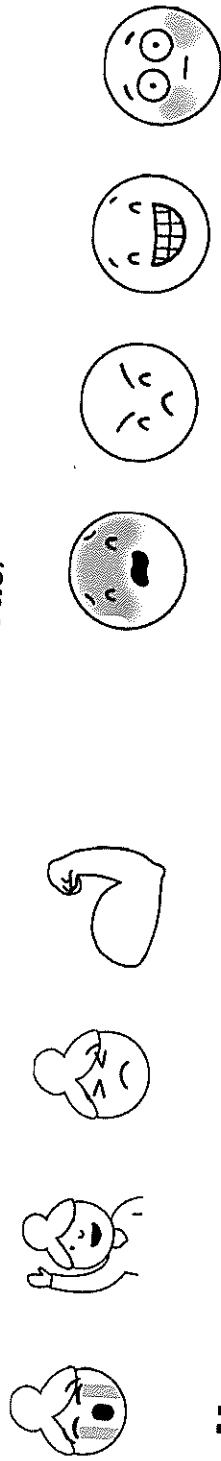
s m i l e a n d



b e h a p p y

Emoji Code Breaker Answers

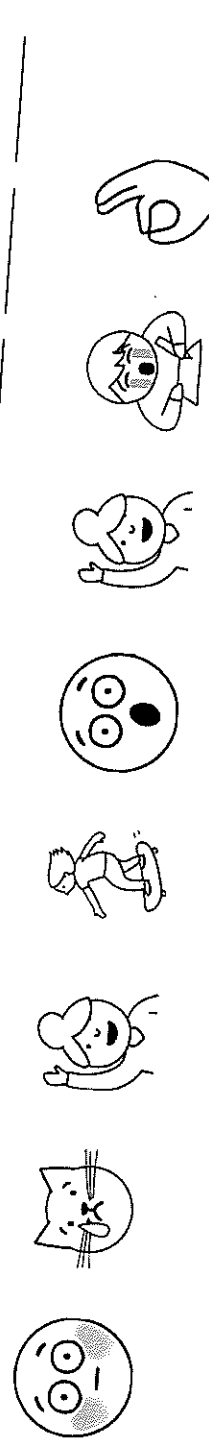
Complete the code.



y o u r f a c e



s h o w s y o u r



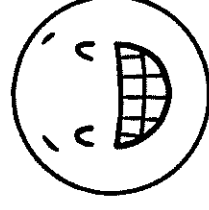
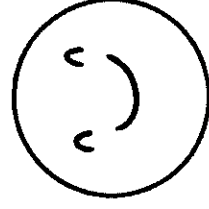
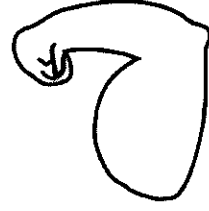
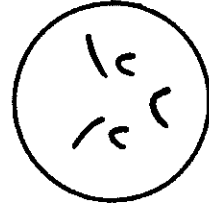
e m o t i o n s

Emoji Code Breaker

Write an emoji message to a friend by using a secret code. Use the table below to create 26 different emoji symbols for each letter of the alphabet. Then, using these symbols write your friends a secret message.

a	b	c	d	e	f	g	h	i	j	k	l	m

n	o	p	q	r	s	t	u	v	w	x	y	z



Flower Pot Paper Model Instructions

Step 1

Carefully, cut out all the shapes for the flower pot following the solid black lines. Make sure you cut all the way along the tabs as shown

Step 2

Starting with the pot shape, fold along the lines following the fold guide.

Hint: make the folds sharp.

Step 3

Glue the 1 tab to the side to form the pot

Step 4

Shape the flower pot by folding the middle of the pot down and secure the tabs 2, 3, and 4 with glue.

Step 5

Using the flower shape, fold along the lines following the fold guide.

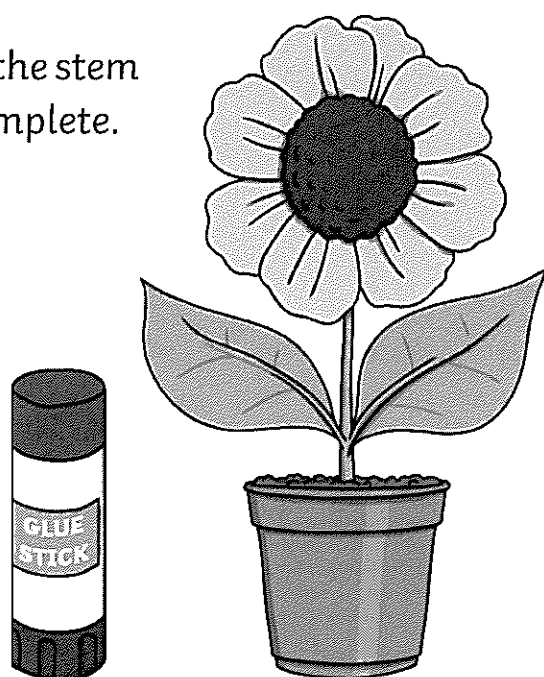
Hint: make the folds sharp.

Step 6

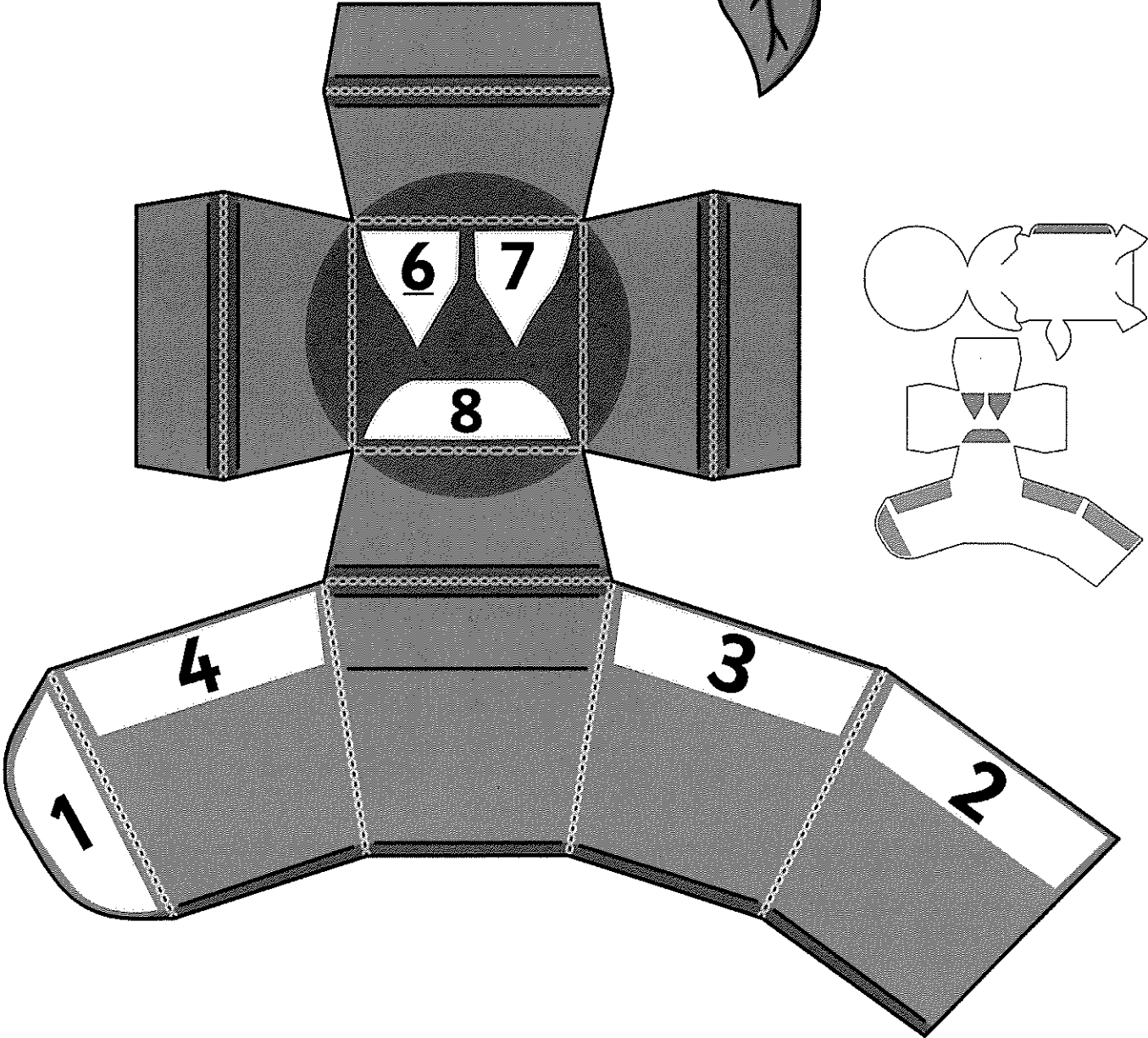
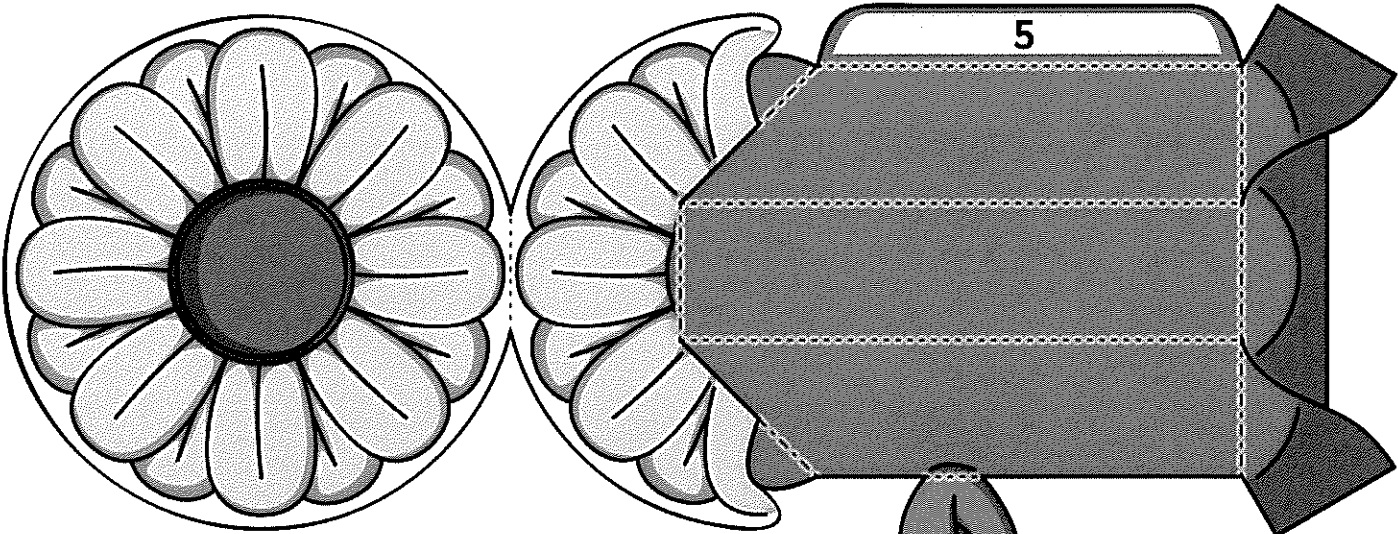
Glue the edge of the stem to the other side using the tab 5.

Step 7

Assemble the flower pot by gluing the bottom of the stem to tabs 6, 7 and 8. Now, your flower pot is complete.



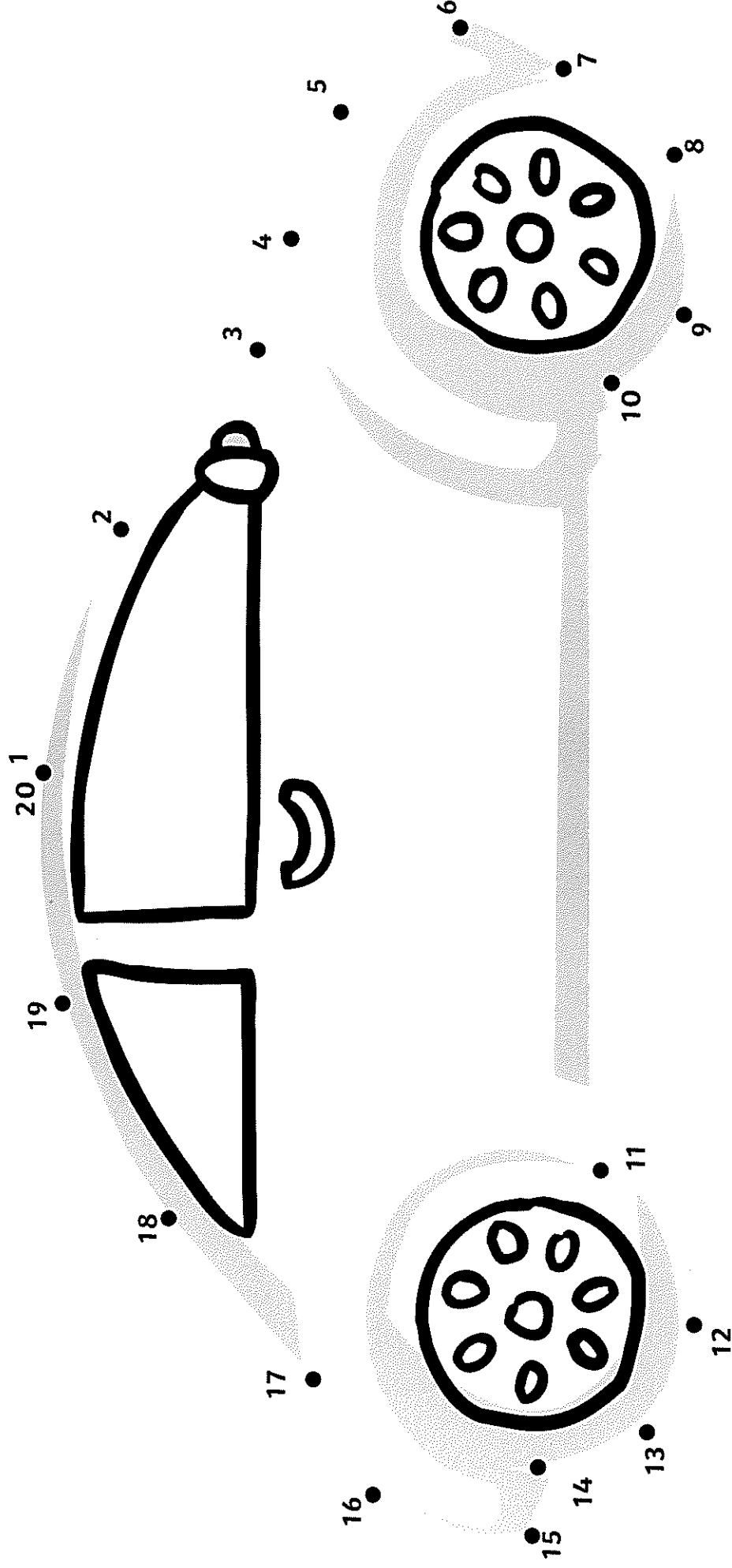
Flower Pot Paper Model



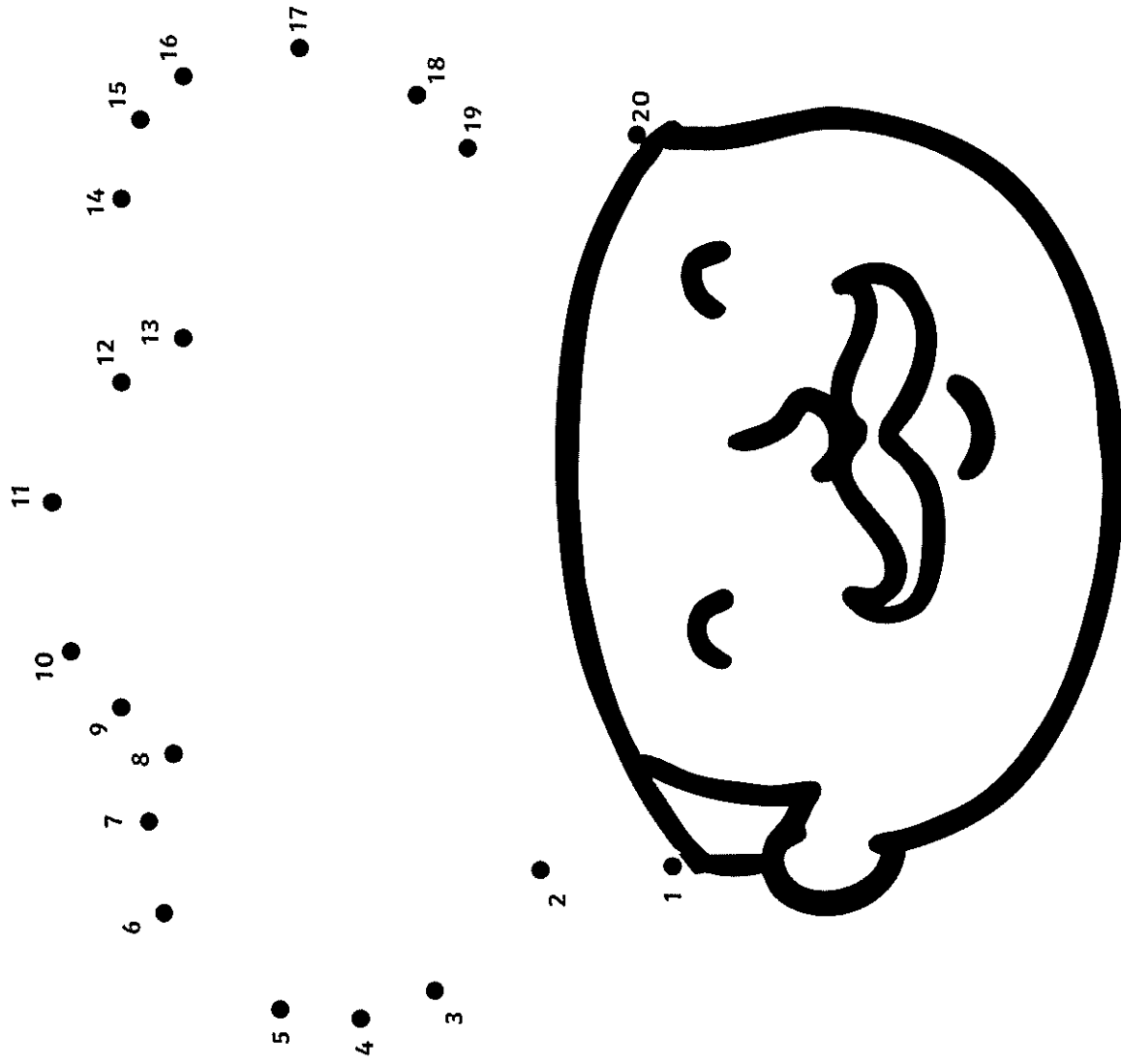
- 1) Cut
- 2) Hill Fold
- 3) Valley Fold
- 4) Glue



Dot to Dot 1-20



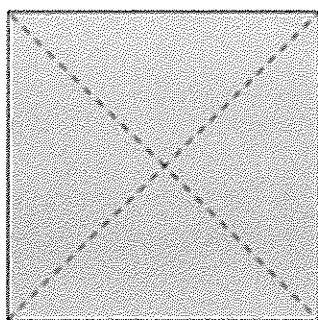
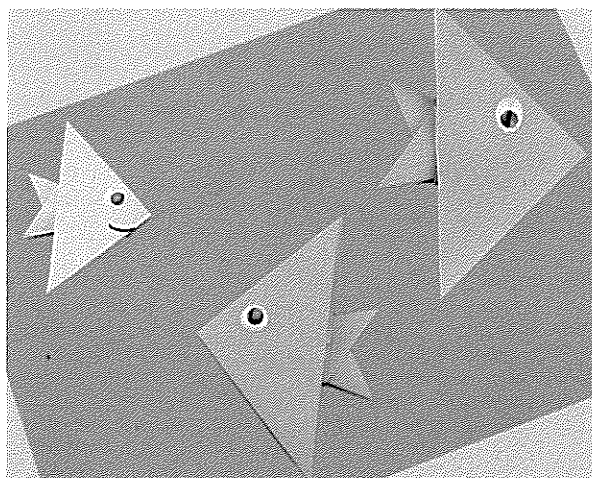
Dot to Dot 1-20



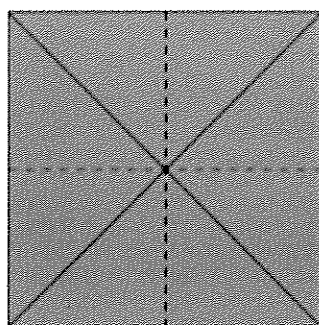
Origami Fish

You will need:

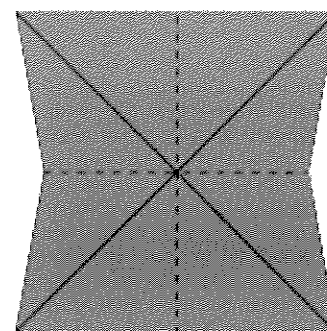
- 1 square piece of paper (at least 12cm x 12cm)
- black felt tip pen



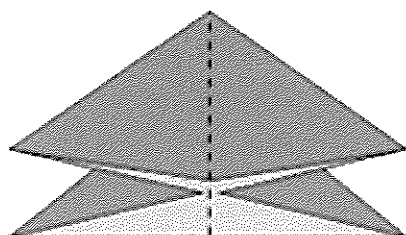
1. Fold the two diagonals.



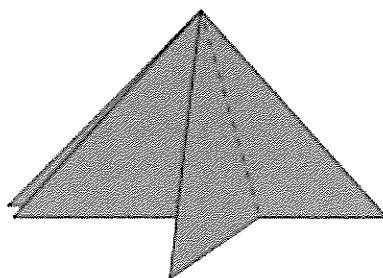
2. Turn the paper over and fold the vertical and the horizontal line.



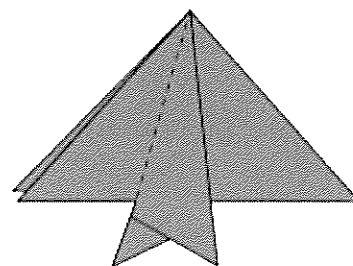
3. Hold the paper on both sides and push it together at the folded lines.



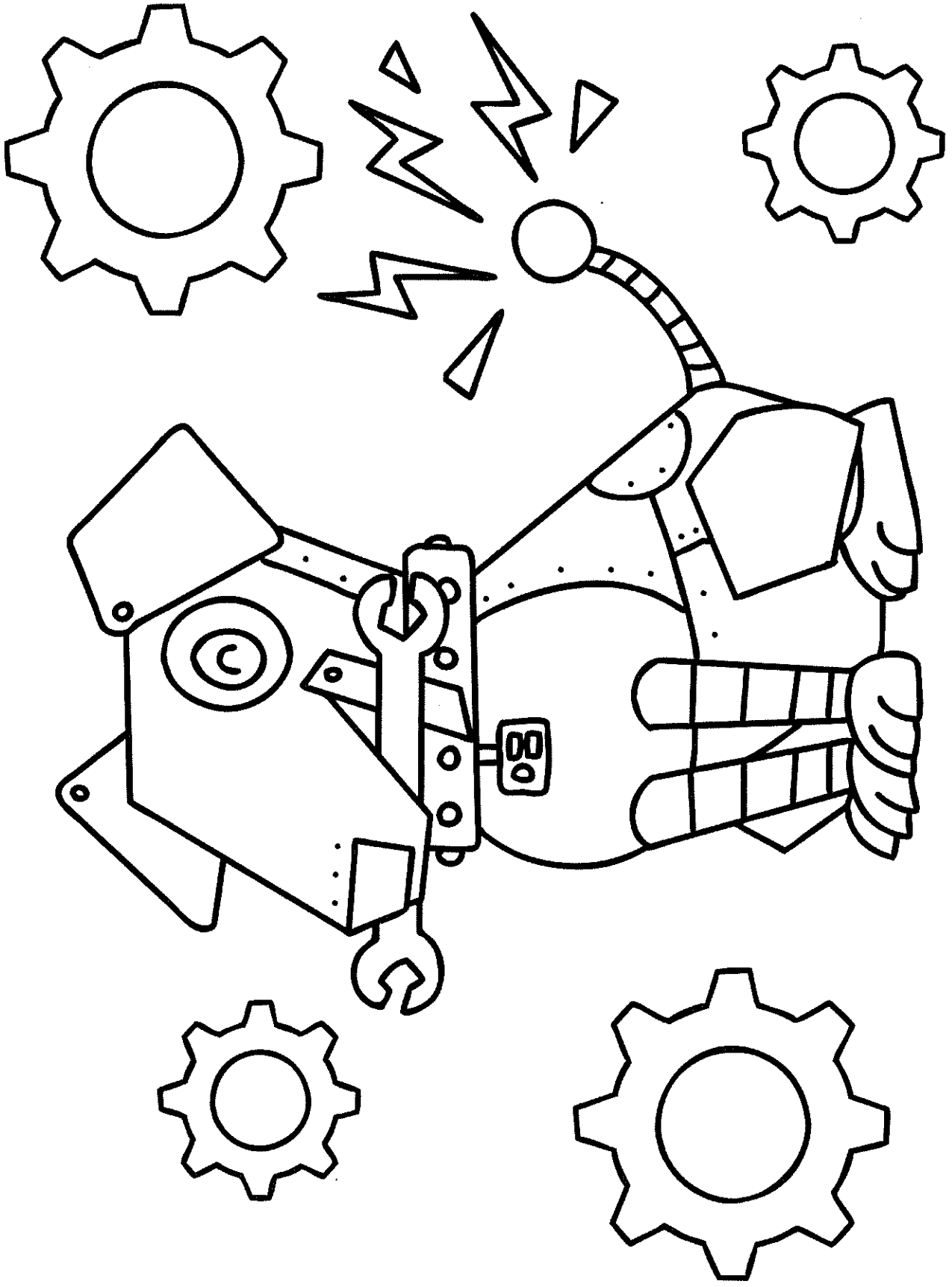
4. This creates a triangle.

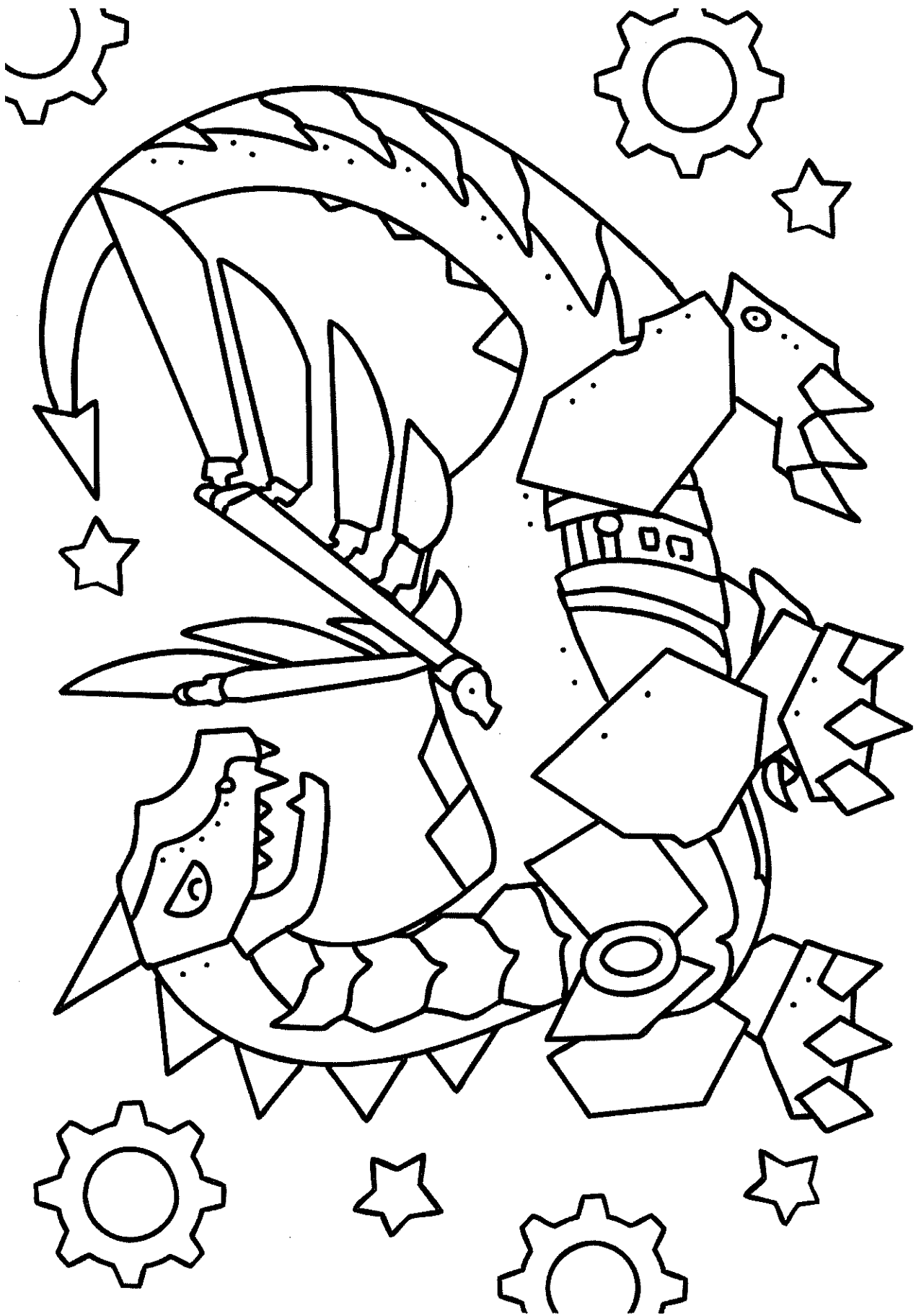


5. Fold the right corner to the middle to create a fin.



6. Finally fold the left corner on top of the right corner. Turn around the fish and use your black pen to draw an eye.





Make an Emoji Face

Cut out the pieces and stick them on to the face to make an emoji face! How do you think your emoji is feeling?

